Minnesota State Capitol

A Social Story
Starting Our Visit
Minnesota State Capitol
I am going to the Minnesota State Capitol. When I get there, I will walk up the stairs and enter through the main doors.
Entering the Capitol
Many people come to the Capitol everyday. When I enter the building, it might be noisy. If I need a break, Capitol staff will help me find a quiet space.
Visitor Center

I will begin my trip in the Visitor Center. I can go on a guided tour or pick-up a Self-Guided Tour pamphlet. The pamphlet will show me where different rooms, restrooms and exits are.

If I have questions or need a quiet place, the Capitol staff can help me. Staff members wear navy blue jackets or blue shirts.
Guided Tour
If I go on a guided tour, I will listen and ask questions by raising my hand. My tour will take 45 minutes but I can leave at any time. Different events happen in the Capitol so the rooms I visit may be different than those I see in this Social Story.
The rotunda is often loud and full of people. If I need a break, I can leave or view the rotunda from the second or third floor.
Hallways and Staircases
There may be others visiting the Capitol so the hallways and staircases can be busy and noisy. If I need space, I can use my map to find another way around the Capitol.
Exploring the Capitol
If I go into the basement, I can visit the Rathskeller Cafeteria. I can have food and rest there. There might be others eating there and that is okay. If I need a quiet space, I can come to the basement.
Third Floor Public Spaces
If I need a quiet space, I can visit the third floor. There, I can stop in the art gallery and enjoy a break from loud and busier areas of the capitol.
Governor’s Reception Room

If the door is open, I can visit the Governor’s Reception Room and learn about artwork and see where the governor has press conferences or signs bills.
House of Representatives Gallery

I can look at the House Chamber from the third floor viewing gallery. If the legislators are in session, I will sit down and be very quiet. I will listen and leave when I am ready.
Senate Gallery

I can view the Senate Chamber from the third floor viewing gallery.

If the legislators are in session, I will sit in the gallery and be very quiet. I will listen and leave when I am ready.
Supreme Court Chamber
If I am on a guided tour, I can go into the Supreme Court Chamber. If I am on a Self-Guided Tour, I can view the Supreme Court through the gate on the second floor.
Quadriga

If I am on a guided tour and the weather is nice, I can visit the roof and see the golden horses (Quadriga).

There are 63 steps up to the roof on a narrow winding stairway. I will be careful and stay with an adult while on the roof. The wind might be strong.
We look forward to your visit!