



Minnesota Historical Society Press

**NEW TITLES**

Fall 2015



The Minnesota Historical Society Press is a leading publisher of the history and culture of Minnesota and the Upper Midwest. The Press advances research, supports education, serves the local community, and expands the reputation of the MNHS through the publication of books and e-products, the *Minnesota History* journal, and the free, digital encyclopedia MNopedia.

Front cover: from *North Woods Girl* by Aimée Bissonette, illustrations by Claudia McGehee.  
See page 5 for more information.

# WARRIOR NATION

## A History of the Red Lake Ojibwe

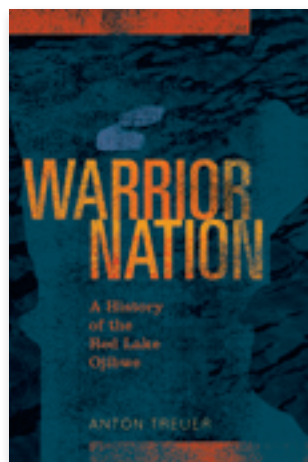
**ANTON TREUER**

The Red Lake Nation has a unique and deeply important history. Unlike every other reservation in Minnesota, Red Lake holds its land in common—and, consequently, the tribe retains its entire reservation land base. The people of Red Lake developed the first modern indigenous democratic governance system in the United States, decades before any other tribe, but they also maintained their system of hereditary chiefs. The tribe never surrendered to state jurisdiction over crimes committed on its reservation. The reservation is also home to the highest number of Ojibwe-speaking people in the state.

*Warrior Nation* covers four centuries of the Red Lake Nation's forceful and assertive tenure on its land. Ojibwe historian and linguist Anton Treuer conducted oral histories with elders across the Red Lake reservation, learning the stories carried by the people. And the Red Lake band has, for the first time, made available its archival collections, including the personal papers of Peter Graves, the brilliant political strategist and tribal leader of the first half of the twentieth century, which tell a startling story about the negotiations over reservation boundaries.

This fascinating history offers not only a chronicle of the Red Lake Nation but also a compelling perspective on a difficult piece of U.S. history.

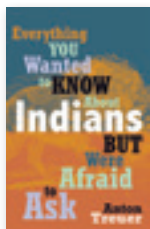
**Anton Treuer**, professor of Ojibwe at Bemidji State University, is the author of *Everything You Wanted to Know about Indians but Were Afraid to Ask* and twelve other books on Ojibwe history and language.



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# THINK SOUTH

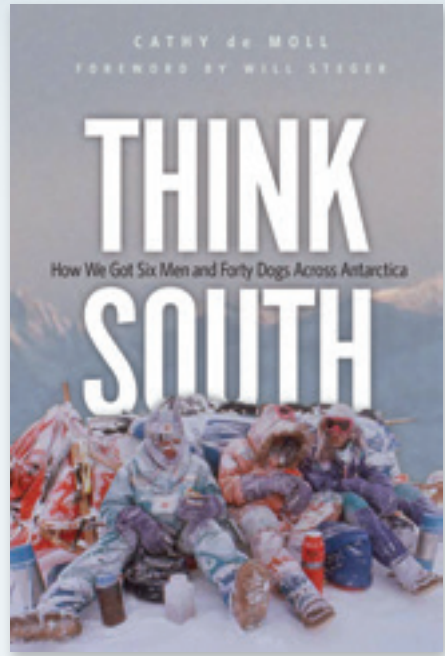
How We Got Six Men and Forty Dogs Across Antarctica

**CATHY de MOLL**

**FOREWORD BY WILL STEGER**

*An intimate portrait of the remarkable characters and events behind the first non-mechanical crossing of Antarctica*

What does it take to move forty dogs, three sleds, twenty tons of food and gear, and six men from all over the world across nearly four thousand of the coldest miles on earth? Cathy de Moll, the executive director of the 1990 International Trans-Antarctica Expedition, introduces the wild cast of characters who made it happen, on the ice and off: leaders Will Steger and Jean-Louis Etienne, who first met accidentally, on the way to the North Pole; Valery Skatchkov, the Soviet bureaucrat who supplied a “hot” Russian airplane; Yasue Okimoto, who couldn’t bear to leave headquarters in Minnesota while her boyfriend was on the ice; Qin Dahe, the Chinese member of the team, who didn’t know how to ski; the millions of children who followed the expedition in schools around the world, learning about the fragility and ferocity of the seventh continent; and many others.



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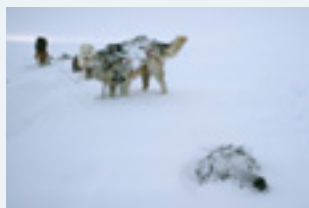
These stories of near misses and magical coincidences are as suspenseful and compelling as the expedition’s headlines—and they have never been told. But they also reflect the greatest lesson of the project: the international cooperation that was needed for the expedition’s success is every bit as essential for the preservation of Antarctica today.

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**Cathy de Moll**, who has been a teacher, communications executive, writer, and entrepreneur, was the executive director of the International Trans-Antarctica Expedition. **Will Steger** led the first confirmed dogsled expedition to the North Pole, the first and only traverse of Antarctica by dogsled, and other remarkable expeditions.



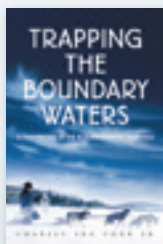
*"This is not just your ordinary adventurer's account of physical exploits and hardship. It is the story of the personalities and work behind the scenes that make great adventures happen. It's a page-turner with great insight and warmth. Bravo!"*  
 —Dan Buettner, New York Times best-selling author of *Blue Zones* and *Thrive*



*"I've been waiting all these years for Cathy to write her story, and she has really delivered. This book is both history and a meditation on the nature of culture and the individual . . . not to mention a wonderful recounting of all it took to get our expedition across Antarctica. I enjoyed every minute."*  
 —Will Steger

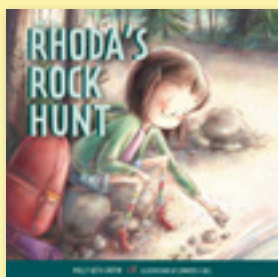


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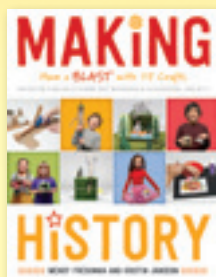
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David LaRoche, photography by Joe Rossi

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# NORTH WOODS GIRL

**AIMÉE BISSONETTE**  
**ILLUSTRATIONS BY CLAUDIA McGEHEE**

*Whether hearing wood frogs peep, choosing the finest skipping stone, observing squirrels gathering nuts, or inhaling crisp, cold air, a hike through Grandma's woods engages all the senses.*

"When Grandma tucks her pants into her oversized boots and grabs her walking stick, I run to catch up," reports a young girl charmed by her visits to Grandma's north woods home. Their walks take them through the seasons, to a pond with a downed tree just right for sitting, to a garden lush with tomatoes ready for canning, through a snowy nighttime woods where the only sounds are the squeak of boots on snow and the hooting of a distant owl. Whatever the month, there are plenty of woodland critters to observe: squirrels or rabbits or deer, geese or goldeneyes or mergansers. The forest of *North Woods Girl* is an active, populated place, brought to life by Claudia McGehee's colorful scratchboard artistry.

Time with Grandma teaches about quiet observation, generous sharing of resources, the beauty of the forest and pond at any hour. Grandma is the quintessential north woods girl, breathing deep the piney scents, relishing the chirping activity of her animal neighbors. Small wonder that her admiring granddaughter is inspired to follow in her footsteps. With a tale as understated as Grandma herself, Aimée Bissonette shares a message of appreciating the treasures of our natural surroundings.

**Aimée Bissonette** is a writer, teacher, and lawyer living in the Twin Cities. This is her first children's book. Writer-illustrator **Claudia McGehee** lives in Iowa City. Her previous works include *A Tallgrass Prairie Alphabet* and *A Woodland Counting Book*.



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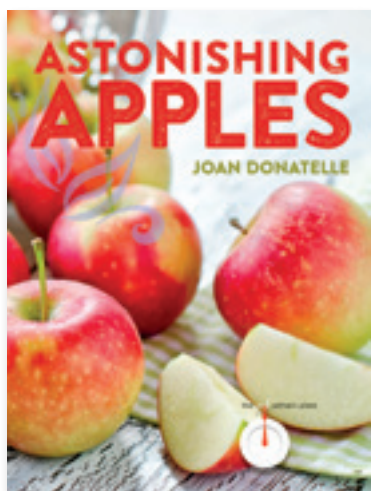
# ASTONISHING APPLES

**JOAN DONATELLE**

The ubiquitous apple: a mainstay of fruit bowls and bag lunches, and in Minnesota, a point of pride. Cultivators in the apple breeding program at the Minnesota Landscape Arboretum and the University of Minnesota have been dreaming up new varieties since the 1930s, most recently adding to their list of winter-hardy fruits the SweeTango and the Zestar. Snappy and sweet eaten out of hand, tender and flavorful when roasted or baked, apples bring plenty to the table.

There's no better guide to this apple abundance than Joan Donatelle, whose fondness for the fruit goes beyond the standard slices-and-brie or apple crisp. *Astonishing Apples* opens with imaginative dishes like Smoked Trout and Apple Tartlettes and Applicious Bruschetta, followed by Cheddar Apple Cornbread and Apple Cabbage Slaw. Apples find their way to the center of the plate in Savory Apple Focaccia and Ginger Curry Apple Turkey Bake. Tempt your sweet tooth with Apple Almond Biscotti and Apple Panna Cotta, and explore modern twists on the usual suspects, from apple butter to applesauce to fresh cider. With this cookbook in your arsenal, eating "an apple a day" has never been easier—or more delicious.

At Byerly's cooking school, **Joan Donatelle** brings a focus on healthful and tasty dishes to her kitchen classrooms. She has owned and operated award-winning restaurants and gourmet grocery-delis featuring fresh old-world cuisines. She caters for events throughout the Twin Cities.



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COOKBOOKS, 144 PAGES, 7 × 9½, 24 B&W PHOTOS, 75 RECIPES, INDEX • \$17.95, PAPER, ISBN: 978-0-87351-965-6

*Astonishing Apples* is the sixth book in the Northern Plate series, celebrating the bounty of the Upper Midwest by focusing on a single ingredient, exploring its historical uses as well as culinary applications across a range of dishes.



ALSO OF INTEREST



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Sue Doeden

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**Smitten with Squash**

Amanda Kay Paa

PAPER, \$17.95,

ISBN: 978-0-87351-939-7



# COME, YOU TASTE

Family Recipes  
from the Iron Range

**B. J. CARPENTER**

Potica or kolache, sarma or braciole, lutefisk or baccala, fattigman or lefse—Minnesota's Iron Range has a culinary language all its own. The pursuit of rich iron ore in the early twentieth century drew workers who hailed from Finland, Sweden, Slovenia, Italy, and many other places, and as the men went to work in the mines, their families adjusted together to this new land. The immigrants' children, that first generation, grew up in multiethnic communities where grandmothers shared the bounty of their gardens and the products of their kitchens—and everyone savored a new mix of food traditions.

*Come, You Taste* celebrates the cuisine of these numerous groups and features fond memories of neighborhoods now gone, of flavors and scents that mingled on a single block, of local entrepreneurs who lifted up old-world dishes like porketta and pasties and potica. Second-generation Iron Ranger B. J. Carpenter has collected stories and treasured recipes that will inspire modern cooks to explore this brand of Minnesota cuisine in their own kitchens. Whatever the name of the dish, whatever the ethnic connection, these breads and pastries, hearty mains, and tempting sides all fit the bill of "very good food."

Born and raised in Hibbing, **B. J. Carpenter** is a culinary educator and writer living in the Twin Cities. She is the author, with Shelley N. C. Hall, of *The Minnesota Table: Recipes for Savoring Local Food Throughout the Year*.



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Heidi E. Erdrich

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**Damn Good Food: 157 Recipes from Hell's Kitchen**

Mitch Omer and Ann Bauer

CLOTH, \$27.95, ISBN: 978-0-87351-724-9

# DOWNTOWN

Minneapolis in the 1970s

PHOTOGRAPHS

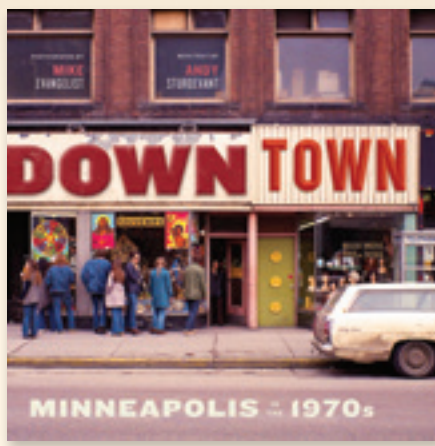
BY MIKE EVANGELIST

TEXT BY ANDY STURDEVANT

*The spirit of a vibrant city at a critical time, recalled in images and words that delight those who experienced it—and those who wish they had.*

Dayton's was in its prime, the new Nicollet Mall was full of people, the Foshay Tower was still king, and the IDS Center was beginning its rise. Bustling sidewalks teemed with shoppers and businessmen, young and old, no matter what the weather, because the skyway system was just being born. Downtown Minneapolis in the early 1970s was a scene.

Mike Evangelist, a seventeen-year-old from the suburbs, found everything about



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PHOTOGRAPHY/MINNESOTA, 144 PAGES, 10 × 10, 150 COLOR AND B&W PHOTOS • \$29.95, CLOTH, ISBN: 978-0-87351-992-2

the city to be amazing. This “introvert with a camera” turned his lens to the scenes around him—young women hitching a ride, a disabled vet selling pencils, stylish shoppers strolling Nicollet Mall, once-grand movie houses on Hennepin Avenue—capturing a vibrant and rapidly changing city. Forty years later, he has unearthed this trove of images that vividly reflect a memorable time in Minneapolis. Writer and artist Andy Sturdevant, who has been called “the preeminent wit, flaneur, and psycho-historian of the Twin Cities,” explores these streets as a congenial companion, commenting with a sharp eye and thoughtful insights.

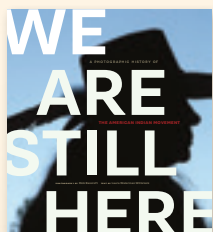
Do you miss the seventies? Did you miss the seventies? *Downtown* takes you there.



**Mike Evangelist** is an enthusiastic photographer and marketing executive specializing in high technology products. **Andy Sturdevant**, an artist, writer, and arts administrator, writes about art, history, and culture for a variety of Twin Cities-based publications and websites.



ALSO OF INTEREST



**We Are Still Here: A Photographic History of the American Indian Movement**  
Laura Waterman Wittstock,  
photography by Dick Bancroft  
PAPER, \$39.95, ISBN: 978-0-87351-887-1

**The 1968 Project: A Nation Coming of Age**  
Minnesota Historical Society  
PAPER, \$24.95, ISBN: 978-0-87351-842-0

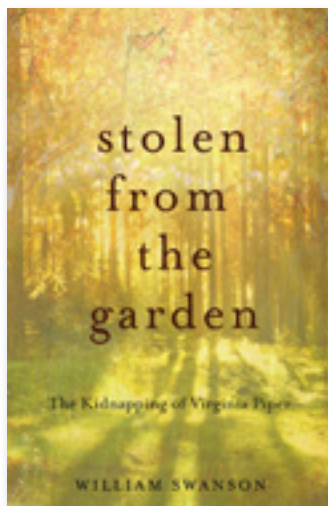
# STOLEN FROM THE GARDEN



The Kidnapping of Virginia Piper

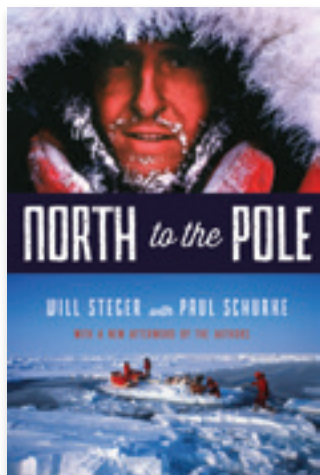
**WILLIAM SWANSON**

"Swanson gives a detailed retelling of the kidnapping and the harrowing ransom drop-off procedure that Harry Piper went through to get his wife back. Cooperation from the Pipers' sons enables Swanson to give an insider account of the family's ordeal and access to FBI files on the case obtained by the son, Harry Piper III, after court battles with federal officials." —*Minneapolis Star Tribune*



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# NORTH TO THE POLE

**WILL STEGER WITH PAUL SCHURKE  
WITH A NEW AFTERWORD**

On March 7, 1986, the seven men and one woman of the Steger International Polar Expedition set out by dogsled to reach the North Pole. Their spectacular feat of daring, courage, and commitment was deemed by *National Geographic* to be a "landmark in polar exploration." The melting of the polar ice cap makes it unlikely that anyone will repeat their achievement.

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# OFFSTAGE VOICES

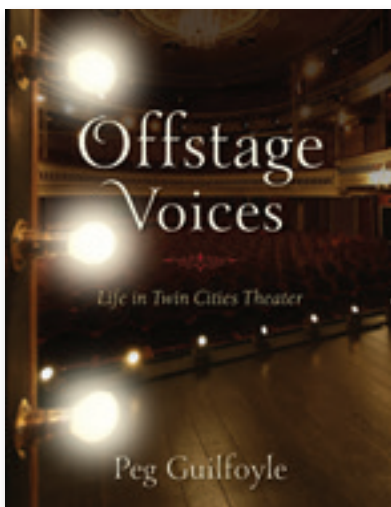
Life in Twin Cities Theater

**PEG GUILFOYLE**

In 1969, the *Village Voice* described Minneapolis as “America’s second theater city after New York.” In the forty-plus years since, the theatrical offerings of Minneapolis and St. Paul have only grown—everything from world-renowned venues to independent stages and innovative festivals—and the Twin Cities hold a prominent place in the national theater scene today. In *Offstage Voices*, author Peg Guilfoyle provides an in-depth look at this vibrant world and offers fascinating insights into what it takes to put on a production, from first script to closing night, and what it takes to make a living in Twin Cities theater.

Firsthand stories from practitioners of the art take you behind the scenes at a wide range of theaters, including the Guthrie, the Playwrights’ Center, Ten Thousand Things, Mixed Blood, Penumbra, Theater Latté Da, Mu Performing Arts, the Minnesota Fringe Festival, and many more. Extensive interviews with actors, artistic directors, designers, and playwrights reveal rich perspectives on the at times turbulent, always passionate world of the theater. Guilfoyle brings together these myriad experiences to explore why and how the Twin Cities have established such a strong and well-regarded theatrical community over the last four decades.

**Peg Guilfoyle** has worked in Twin Cities theater for more than forty years and is deeply involved with the theater community and its people. She is the author of *The Guthrie Theater: Images, History, and Inside Stories*.



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Michelle Hensley

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Kevin Kling

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# FINDING COMMON GROUND

The Art of Legislating in an Age of Gridlock

**DAVE BISHOP**

**FOREWORD BY LORI STURDEVANT**

Democracy has never been a quick or easy process by which to get things done. But many citizens are fed up with the current, extreme partisan gridlock at the national, state, and even local levels of government.

Dave Bishop spent most of his twenty years in the Minnesota House of Representatives as a member of the Republican minority, but that did not stop him from winning passage of legislation that benefited his district. In *Finding Common Ground*, he shares proven techniques and insightful examples of how minority members can gain the power to produce better laws and a healthier democracy.

Bishop reveals the inside stories of major Minnesota legislation through the 1980s and 1990s—the lottery, groundwater protection, the Living Will, the Northwest Airlines bailout, and much more—showing how real work can be done through respectful, healthy confrontation and compromise.

This concise handbook is a gift not just for policymakers but also for their constituents who are interested in effective and ethical legislating. *Finding Common Ground* provides a deeper understanding of the legislative process as well as greater respect for the complex work of legislators and legislatures.

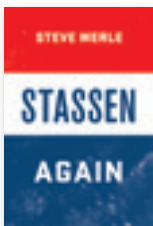
**Dave Bishop** served in the Minnesota House of Representatives from 1983 to 2002 as a Republican representative from Rochester. *Minneapolis Star Tribune* columnist **Lori Sturdevant** is the author of, among other books, *Her Honor: Rosalie Wahl and the Minnesota Women's Movement*.



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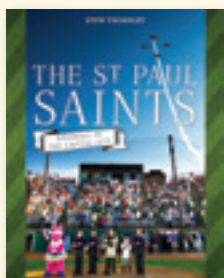
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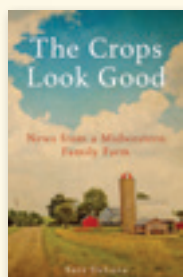


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Preserving Our Grand Homes

Larry Millett, photography by Matt Schmitt

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## MNI SOTA MAKOCE

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Gwen Westerman, Bruce White, Glenn Wasicuna

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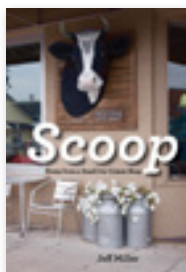


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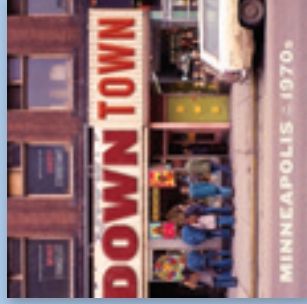
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