



Minnesota Historical Society Press

NEW TITLES

Fall 2017



The Minnesota Historical Society Press is a leading publisher of the history and culture of Minnesota and the Upper Midwest. The Press advances research, supports education, serves the local community, and expands the reputation of the MNHS through the publication of books and e-products, the *Minnesota History* journal, and the free, digital encyclopedia MNopedia.

FIRST AVENUE

Minnesota's Mainroom

CHRIS RIEMENSCHNEIDER

Where Prince and Minnesota made rock 'n' roll history—a glorious look at one of rock's most storied clubs and the hundreds of musicians who took the stage there.

One of the longest running clubs in American rock 'n' roll—and most recognizable venues in Minnesota—First Avenue in Minneapolis finally gets the rock-star treatment it deserves in print. This book chronicles the club's storied past, beginning with its impressive inaugural show in April 1970 (Joe Cocker's "Mad Dogs & Englishmen" tour) and through its oft-maligned disco era of the late 1970s. In the 1980s, it earned global attention as the hub of Prince's "Purple Rain" and the incubator for widely revered, wild-eyed indie-rock bands such as the Replacements, Hüsker Dü, Soul Asylum, and Babes in Toyland. More recently, it survived corporate competitors, bankruptcy, and a bitter ownership battle to become one of the most successful independent clubs in the country and ground zero to Minneapolis's thriving community of hip-hop and indie-rock acts. Amidst all that history, the book is interlaced with anecdotes, quotes, and occasionally cloudy memories from



AVAILABLE OCTOBER

MUSIC, 240 PAGES, 9¼ × 10½, 175 COLOR AND 50 B&W PHOTOS, INDEX, APPENDIXES
HARDCOVER, \$34.95 ISBN: 978-1-68134-044-9

musicians, employees, and regulars—many of whom are as unique as the club itself. Chock-full of concert photos and memorabilia collected from professional photographers and average fans alike, the book is a lavish celebration of a rock 'n' roll landmark.



Photo © by Jay Smiley

Chris Riemenschneider is a music critic and reporter for the *Star Tribune* and has contributed articles to a variety of newspapers and publications. He has been attending shows and events at First Avenue for decades. He lives in Minneapolis with his wife and two daughters.



Photo © by Darrell Brand



Photo © by Steven Cohen

"The club has survived so many changes in downtown Minneapolis and in the music industry against many odds to become a worldwide landmark among musicians and music fans. That's an incredible testament to all the people who put years of their lives into that place, and a testament to the music scene around it. It's still a great scene, still a great club. Maybe as good as it's ever been." —**BOB MOULD**, Hüsker Dü/Sugar/solo artist



Photo © by Steven Cohen

"When I hear 'Purple Rain,' I can put myself back into that moment, on that stage, that smell, in that heat, in that summer—that whole journey of what First Avenue is about."
—**BOBBY Z.**, drummer for Prince and the Revolution

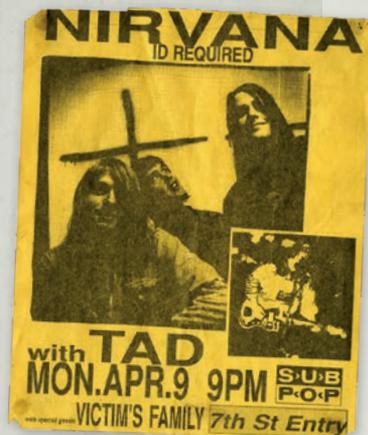


Photo © by Greg Helgeson

FROM THE BOOK . . .

My first time through that curved entryway was to see Anthrax and Metal Church in 1986, at the ripe metalhead age of 14. Driving over there from east St. Paul with my friend since birth Mark Dueffert—who still often goes to shows with me despite having to get up early to deliver mail—was scary and exhilarating. The club's all-black interior was especially dark and grimy in those days and extra intimidating, or maybe it just seemed that way. Boldly, Mark and I got right up front and sat on ledges that used to be attached to the stage. We sang into Joey Belladonna's microphone when Anthrax encored with "Anarchy in the U.K." At the end of Metal Church's set, bassist Duke Erickson unstrapped his instrument and started swinging it around wildly, striking Mark hard in the head. Like Beavis to Butt-head, I guffawed as my friend fought off tears from the pain. I thought I had just witnessed one of the coolest things of my life.

Mark turned out fine, but I've never been the same.

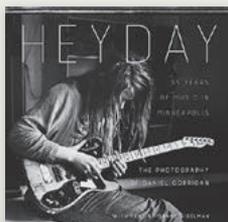


SUN AUG 1 Closed	MON AUG 2 DEZ DICKERSON with The Phons	TUE AUG 3 FIVE BELOW and THE PREPS	WED AUG 4 KILLING JOKE with TIMBUKTU	THU AUG 5 Great Pretenders Finals	FRI AUG 6 Loud Fast Rules and Ankie Chop	SAT AUG 7 Man-Sized Action and Wild! Neglect
SUN AUG 8 Closed	MON AUG 9 THE GUN CLUB and REFLE SPORT	TUE AUG 10 BoysBoys and INSOC	WED AUG 11 Twin Cities Soul on the Road Revue	THU AUG 12 Urban Guerrillas and TODLACHEN	FRI AUG 13 SWINGING COMBO with RadioFor Teens	SAT AUG 14 Digital Rays
SUN AUG 15 Marshall Crenshaw	MON AUG 16 HUCKER DU M.D.C. and Mecht Mensch	TUE AUG 17 CURTISSA and the GKS	WED AUG 18 BRAVE COMBO with GIVE UP!	THU AUG 19 PELL MELL and The Supres	FRI AUG 20 Brave Combo Public from Texas	SAT AUG 21 VIOLENT FEMMES with And DOL THEWEL
SUN AUG 22 Mission of Burma	MON AUG 23 THE ENGLISH BEAT	TUE AUG 24 The Hosts with ALAN GIBSON	WED AUG 25 Tatters Fashion Show	THU AUG 26 Sony Vincent and the Extreme with West Berlin	FRI AUG 27 L7-3 and The Difference	SAT AUG 28 THE SUPRES
SUN AUG 29 Closed	MON AUG 30 New Egypt	TUE AUG 31 New Egypt	332-1775 for info.			

AUGUST

FIRST AVENUE & 7th St Entry
The Downtown Danceteria

ALSO OF INTEREST



Heyday: 35 Years of Music in Minneapolis
Photography by Daniel Corrigan
With text by Danny Sigelman
HARDCOVER, \$34.95, ISBN: 978-1-68134-021-0

Complicated Fun: The Birth of Minneapolis Punk and Indie Rock, 1974-1984
An Oral History
Cyn Collins
PAPER, \$19.95, ISBN: 978-1-68134-032-6
E-BOOK, \$9.99, ISBN: 978-1-68134-033-3

JUL

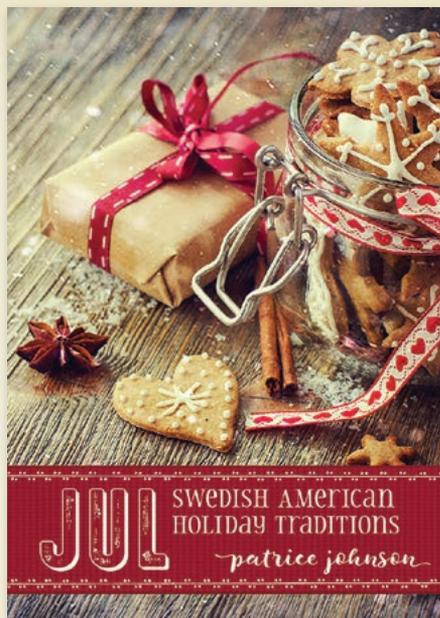
Swedish American Holiday Traditions

PATRICE JOHNSON

Christmas traditions, particularly those involving food, often honor our ancestors. Throughout the Midwest where Swedish immigrants settled, the dishes placed on the *julbord* (Christmas table) tell stories about who we are, where we come from, and where we are heading.

In exploring these holiday customs, Patrice Johnson begins with her own family's Christmas Eve gathering, which involves a combination of culinary traditions: allspice-scented meatballs, Norwegian lefse served Swedish style (warm with butter), and the American interloper, macaroni and cheese. Just as she tracks down the meanings behind why her family celebrates as it does, she reaches into the lives and histories of other Swedish Americans with their own stories, their own versions of traditional recipes, their own joys of the season. The result is a fascinating exploration of the Swedish holiday calendar and its American translation.

Featured dishes include yellow pea soup (*ärtsoppa*) and Swedish pancakes (*Svenska plättar*); assorted Swedish cookies like pepparkakor, rosettes, and meringues; meatballs with pickled cucumber; the *julhög*, a breakfast pyramid of bread, cheese, fruit, and cookies; and so much more. Come, raise a glass of



AVAILABLE OCTOBER

COOKBOOKS/HOLIDAY, 256 PAGES, 7 × 10,
50 COLOR PHOTOGRAPHS, 100 RECIPES,
NOTES, INDEX, BIBLIOGRAPHY
HARDCOVER, \$24.95, ISBN: 978-1-68134-043-2

punsch, hear tell of holidays past, snack on cardamom bread, and celebrate *jul* the midwestern way.



Patrice Johnson is a Nordic food geek and meatball historian who loves to give old Scandinavian recipes a modern spin. She is a food and culture writer, cooking class instructor, and lutefisk visionary.

Pepparkakor

Faye Olson, Brooklyn Park, MN

"My grandmother's. These keep well in covered tin."

Makes about 300 small cookies

1½ cups butter

2 cups sugar

1 cup molasses

1½ tablespoons ground ginger

1½ tablespoons cinnamon

1 tablespoon ground cloves

1½ cups whipping cream, whipped

1 tablespoon baking soda dissolved

in 1 tablespoon water

9 cups all-purpose flour

Beat butter and sugar in very large mixing bowl until light and fluffy. Add molasses and spices, blending gradually. Stir in whipped cream and baking soda dissolved in water; mix in flour until well blended. Cover and let stand overnight.

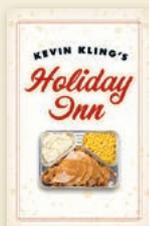
Knead dough and divide into manageable pieces. On a lightly floured work surface, roll each piece very thin. Cut dough into desired shapes and place ¾-inch apart on parchment-lined baking sheets. Bake in 375-degree oven for 7 to 9 minutes. Cool on rack.

Tip from Faye: "I sometimes just make small balls and flatten with a glass."



From smörgåsbord and St. Lucia processions to Christmas Eve gatherings with dear family and friends, Swedish Americans are linked through the generations by a legacy of meatballs and lutfisk.

ALSO OF INTEREST



Keeping Christmas: Yuletide Traditions in Norway and the New Land

Kathleen Stokker

PAPER, \$22.95, ISBN: 978-0-87351-390-6

Kevin Kling's Holiday Inn

Kevin Kling

HARDCOVER, \$22.95, ISBN: 978-0-87351-766-9

E-BOOK, \$14.99, ISBN: 978-0-87351-788-1

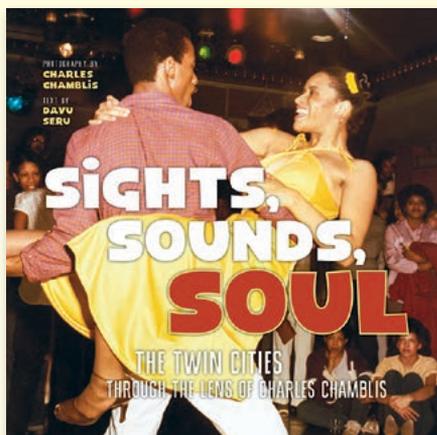
SIGHTS, SOUNDS, SOUL

The Twin Cities Through the Lens of Charles Chamblis

**PHOTOGRAPHY BY
CHARLES CHAMBLIS
TEXT BY DAVU SERU**

During the 1970s and '80s, photographer Charles Chamblis captured the vibrant social and artistic life of the Twin Cities African American community. Musicians and other artists are shown performing, dancing, and interacting with enthusiastic audiences at once-thriving but now lost clubs, such as the Taste Show Lounge, Riverview Supper Club, Fox Trap, Nacirema Club, and others on Minneapolis's north and south sides. Among the legendary soul, funk, and R&B acts depicted are Flyte Tyme, Prophets of Peace, Terry Lewis, Jimmy Jam, Morris Day, Prince, and many other influential musicians who helped establish the so-called Minneapolis Sound. Beyond the nightlife, Chamblis's portraits, images of family gatherings and weddings, fashion photography, landscapes, and photos of community events offer intimate and rare glimpses into the life of African Americans in the Twin Cities at these particular moments in time.

Contemporary writer and artist Davu Seru brings these photos to life with intro-



AVAILABLE NOVEMBER

PHOTOGRAPHY/AFRICAN AMERICAN STUDIES,
160 PAGES, 10 × 10, 175 COLOR AND 25 B&W PHOTOS
HARDCOVER, \$29.95, ISBN: 978-1-68134-064-7

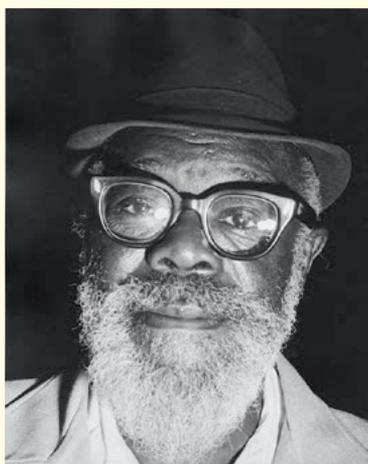
ductory text and supplemental essays that put this visual celebration into the context of the day as well as that of the Twin Cities community in the twenty-first century. Chamblis's images offer a trip back in time and leave a legacy unlike any other photographer's.



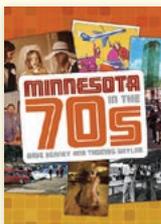
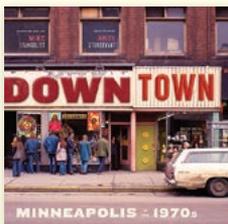
Charles Chamblis received his first camera in the early 1960s and from there pursued a photographic career, contributing to publications and taking on individual assignments. He died in 1991. Minneapolis native **Davu Seru** is an internationally known jazz drummer and a scholar of African American literature and culture.



A photographic celebration of musicians, artists, and everyday scenes from the Twin Cities African American community of the 1970s and '80s by a renowned local photographer.



ALSO OF INTEREST



Downtown: Minneapolis in the 1970s

Photographs by Mike Evangelist,

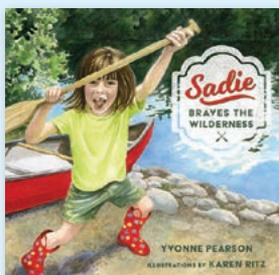
Text by Andy Sturdevant

HARDCOVER, \$29.95, ISBN: 978-0-87351-992-2

Minnesota in the '70s

Dave Kenney and Thomas Saylor

PAPER, \$24.95, ISBN: 978-0-87351-893-2



SADIE BRAVES THE WILDERNESS

Yvonne Pearson, illustrated by Karen Ritz

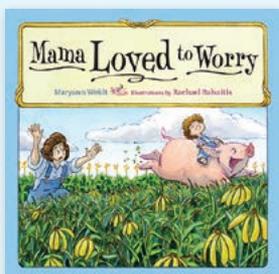
HARDCOVER, \$16.95, ISBN: 978-1-68134-038-8
AGES 3-7



STORM'S COMING!

Margi Preus, illustrated by David Geister

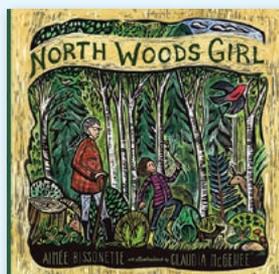
HARDCOVER, \$16.95, ISBN: 978-1-68134-018-0
AGES 3-7



MAMA LOVED TO WORRY

Maryann Weidt, illustrated by Rachael Balsaitis

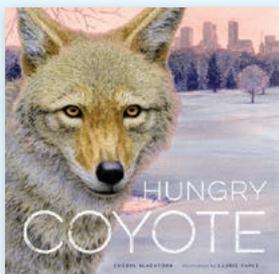
HARDCOVER, \$16.95, ISBN: 978-0-87351-994-6
AGES 3-7



NORTH WOODS GIRL

Aimée Bissonette, illustrated by Claudia McGehee

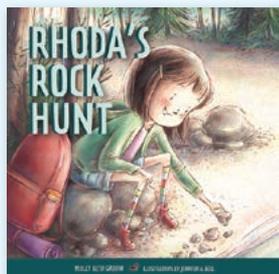
HARDCOVER, \$16.95, ISBN: 978-0-87351-966-3
AGES 3-7



HUNGRY COYOTE

Cheryl Blackford, illustrated by Laurie Caple

HARDCOVER, \$16.95, ISBN: 978-0-87351-964-9
AGES 3-7



RHODA'S ROCK HUNT

Molly Beth Griffin, illustrated by Jennifer A. Bell

HARDCOVER, \$16.95, ISBN: 978-0-87351-950-2
AGES 3-7

WHERE ARE ALL THE MINNESOTANS?

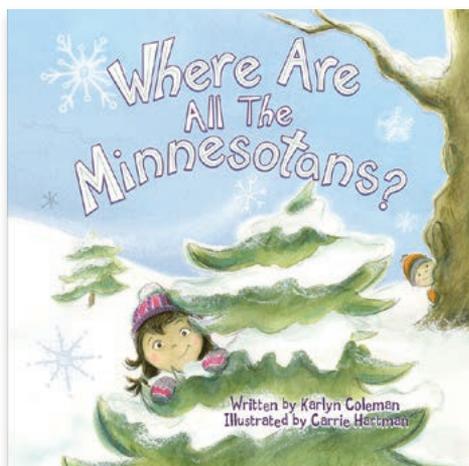
KARLYN COLEMAN
ILLUSTRATIONS BY CARRIE HARTMAN

In the Midwest, winter means freezing temperatures, shorter days, and piles of snow. For some, the logical response is to curl up under the blankets and hibernate until spring.

But wait: where are all the Minnesotans? Outside, of course! First, bundle up: a warm coat and a hat and gloves, and you're all set. Now, squeeze into an ice-fishing shack to try your luck, or skate on a lake and swipe at a puck. Grab a sled and all your friends and tackle a snow-covered hill. Or how about a candlelit ski, with the moon shining brightly overhead?

Think parades are only for summer? Not so: a winter carnival brings folks to watch cheerful floats and marching bands. And kites can fly before it's spring: their bright shapes and flowing tails dance above a frozen lake, waving and dipping in the brisk breeze. With these activities and many more, Minnesotans make the most of the wintry months.

But what if the temperature drops and the wind starts to blow? Safety comes first: now everyone's home. It's time to hunker down by the fire, bake cookies, read stories, and dream of spring. And where do you suppose all the Minnesotans will be then?



AVAILABLE OCTOBER

CHILDREN'S PICTURE BOOKS/FICTION, AGES 3-7,
 32 PAGES, 10 × 10, FULLY ILLUSTRATED
 HARDCOVER, \$16.95, ISBN: 978-1-68134-040-1



Karlyn Coleman's fiction has been published in *Crab Orchard Review*, *Revolver*, *McSweeney's*, and *Paper Darts*. **Carrie Hartman's** work has received accolades from the Los Angeles Society of Illustrators, the Association of Educational Publishers (AEP), and the Educational Press Association.

THE LINCOLN DEL COOKBOOK

Best-Loved Recipes from the
Legendary Bakery and Deli

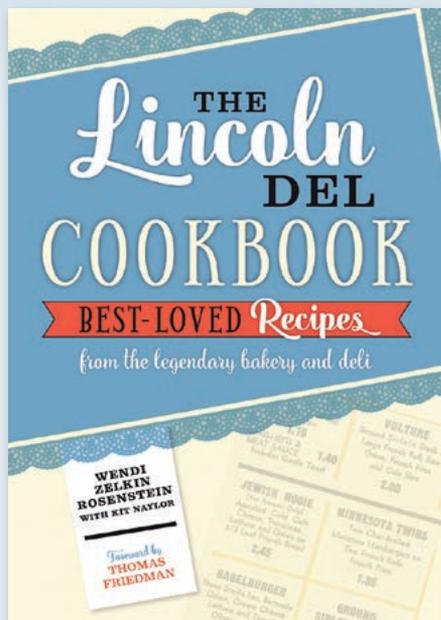
**WENDI ZELKIN ROSENSTEIN
WITH KIT NAYLOR**

Foreword by **Thomas Friedman**

For Jewish and non-Jewish customers alike, the Lincoln Del was a Minneapolis version of *Cheers*—at the Del everybody knew your name. Folks hardly minded waiting in line for the fresh caraway rye, the cabbage borscht, the corned beef sandwiches, or the towering strawberry shortcake because every visit was like a family reunion, complete with warm embraces, recounted stories, boisterous jokes, and—of course—plenty of amazing food.

From modest beginnings as a bakery in 1930s north Minneapolis to a local chain of three bustling restaurants in St. Louis Park and Bloomington, the Lincoln Del was a neighborhood institution for decades. These popular spots drew visitors from all over the metro and across the state, and even years later patrons nostalgically recall the tasty baked goods, the generously portioned sandwiches, and the sense of belonging that enveloped everyone who walked through the door.

Tess and Moishe Berenberg ran the St. Louis Park Lincoln Del; since the Del closed in 2000, their granddaughter **Wendi Zelkin Rosenstein** has been fielding requests for recipes from fans far and wide. **Kit Naylor** is a founding mother of Algonquin Hotdish, an informal organization of Minnesota artists, writers, designers, and photographers. Long before **Thomas Friedman** became an award-winning journalist, his mother was a bookkeeper at the Lincoln Del.



AVAILABLE SEPTEMBER

COOKBOOKS, 224 PAGES, 7 × 10, 150 COLOR
AND B&W IMAGES, 100 RECIPES, INDEX
PAPERBACK, \$24.95, ISBN: 978-1-68134-061-6

The Lincoln Del Cookbook gathers not only coveted recipes—for blintzes and challah, coleslaw and chicken matzoh ball soup—but also family lore and patrons' memories, with photographs, menus, and memorabilia that will bring you right back to the Lincoln Del—or make you wish you'd been around to experience its delights in person.

Cabbage Borscht

Yield: 6 servings

2 tablespoons butter, vegetable oil, clarified butter (ghee), or, even better, schmaltz
 ½ pound beef shank bones with marrow
 1 pound rib eye steak or brisket, not too lean
 5 cups unsalted beef stock or broth
 2 medium tomatoes, chopped
 ⅔ cup ketchup
 ¼ cup sugar or 1 packet Truvia or other sweetener, to taste
 1 teaspoon sour salt or citric acid
 ½ teaspoon pepper
 2 pounds cabbage, sliced in bite-size pieces

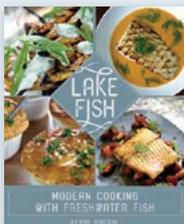
Warm butter or oil in 4-quart Dutch oven or stock pot over medium heat. Brown shank bones and steak or brisket. Carefully add beef stock, tomatoes, ketchup, sweetener, sour salt, and pepper to pot; stir. Bring to boiling; reduce heat. Cover and simmer for 1 hour.

Remove meat from pot; cool slightly. Discard skin and fat. Cut meat into bite-size pieces. Return meat and any bones still filled with marrow to the pot. Stir in the cabbage, bring the mixture to a boil, then reduce heat. Cover and simmer for 10 minutes or until cabbage is crisp-tender.



Bring home the flavor of the cherished Lincoln Del bakery and deli with kitchen-tested recipes that will feed your memories and inspire new traditions for your family table.

ALSO OF INTEREST



Lake Fish: Modern Cooking with Freshwater Fish

Keane Amdahl

PAPER, \$24.95, ISBN: 978-1-68134-028-9

Come, You Taste: Family Recipes from the Iron Range

B. J. Carpenter

PAPER, \$19.95, ISBN: 978-0-87351-969-4

THE NORTHERN GARDENER

From Apples to Zinnias

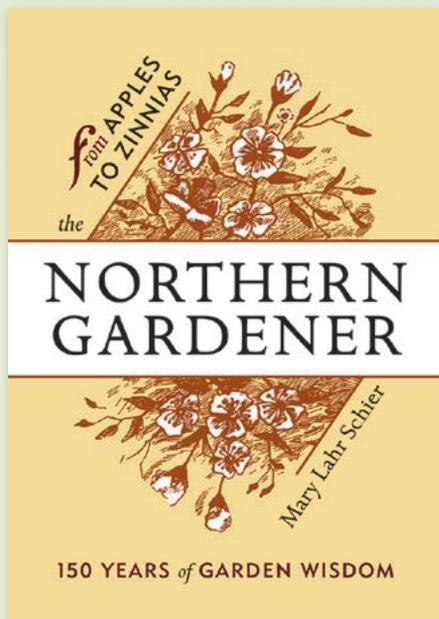
150 Years of Garden Wisdom

MARY LAHR SCHIER

Tips and tricks for the northern gardener collected from 150 years of Minnesota State Horticultural Society publications. Illustrated with color photos and vintage artwork.

Gardening in a northern clime has its own unique set of challenges. Yet, despite the shorter growing season, gardening remains a popular passion for millions of green thumbs in Minnesota and the Upper Midwest. Northern gardeners can successfully grow a wide range of beautiful ornamentals and tasty food crops.

In *The Northern Gardener*, Mary Lahr Schier brings together a rich and varied collection of wisdom for cold-climate gardeners. The tips, tricks, and lore, presented with period illustrations and glorious photos, are gleaned in part from the pages of the journals and magazines of the 150-year-old Minnesota State Horticultural Society, including *Minnesota Horticulturist* magazine and its current incarnation, *Northern Gardener*. The increasing popularity of heirloom vege-



AVAILABLE NOVEMBER

GARDENING, 224 PAGES, 7 × 10, 100 COLOR PHOTOS, 20 B&W ILLUSTRATIONS, 2 MAPS, INDEX, BIBLIOGRAPHY
PAPERBACK, \$24.95, ISBN: 978-1-68134-046-3

tables and plants demonstrates that the next generation of gardeners seeks the sense of accomplishment and authenticity that comes from growing plants at home. This book provides insight into gardening traditions, time-tested how-to advice for gardening in the North, and a peek into Minnesota's horticultural history.

Mary Lahr Schier is the editor for *Northern Gardener*, the bimonthly magazine of the Minnesota State Horticultural Society. She won the 2009 Blotanical Award for "Best Garden Blog in Minnesota." Schier has also written articles and books on technology, business, and politics.

FROM THE BOOK . . .

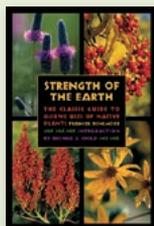
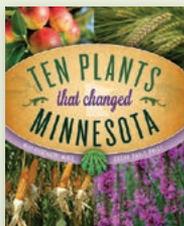
Landscaping Around a Snout House

“Snout house” is the somewhat loveable term given to homes in which the garage juts forward and is the most dominant element of the home’s front. These are practical homes in northern climates (I lived in one for seventeen years and understand their appeal), but from a landscaping perspective, they present challenges. Sometimes they are just plain ugly.

How do you design a welcoming entry and landscape when the front door is around the corner and sometimes in the shade of that big ol’ garage? Some homeowners embrace the garage, adding trim and other elements to make it as attractive architecturally as the rest of the home. They add formal-looking containers or trellises that frame the garage door.

Others do what I did, which is to create a small courtyard near the front door to counterbalance the garage. In my case, this involved adding a row of boulders to create a tier that extended about a third of the way from the front door to the street. (The yard had a downward slope toward the street, so the tier looked logical.) On that tier, I planted small shrubs and native grasses, which provided a bit of screening, and then added a round patio on the left side of the sidewalk that went around from the driveway to the front door. The right side of the sidewalk contained a four-foot-wide planting area, which was original to the house and had been planted with shrubs, a climbing rose, and annual flowers. Adding more visual weight to the area around the front entry told visitors, “ignore that big white garage door and look over here!”

ALSO OF INTEREST



Ten Plants That Changed Minnesota
Mary Hockenberry Meyer and Susan Davis Price, Foreword by Arne Carlson
PAPER, \$29.95, ISBN: 978-1-68134-034-0

Strength of the Earth: The Classic Guide to Ojibwe Uses of Native Plants
Frances Densmore, Introduction by Brenda J. Child
PAPER, \$16.95, ISBN: 978-0-87351-562-7

OUR MINNESOTA STATE CAPITOL

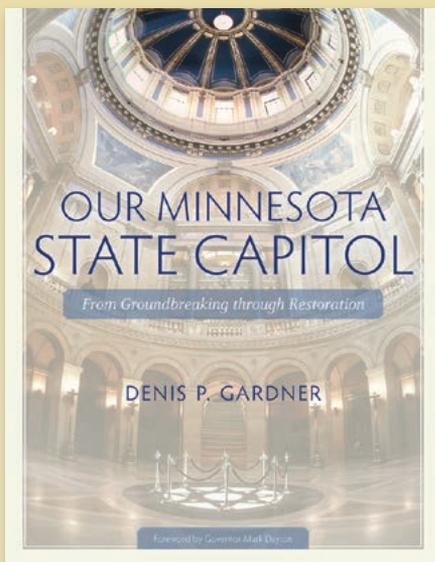
From Groundbreaking through Restoration

DENIS P. GARDNER

Foreword by Governor Mark Dayton

The Minnesota State Capitol is both an architectural masterpiece and a revered public building. This beautiful Renaissance Revival structure is the heart of the state's civic life, a place for celebrations, demonstrations, arguments, and accomplishments. It's where history happens.

Completed in 1905, the capitol is a grand building on a grand scale, and it reflected Minnesota's growing cosmopolitanism. Noted architect Cass Gilbert won the design competition and then fought ferociously to see his vision built.



AVAILABLE AUGUST

MINNESOTA HISTORY/ARCHITECTURE, 112 PAGES,
8½ × 11, 70 COLOR AND B&W ILLUSTRATIONS
PAPERBACK, \$19.95, ISBN: 978-1-68134-041-8

At construction, the capitol was a marvel of modern engineering, with its own heating plant and the second-largest self-supported marble dome in the world. And more than a century later, after a meticulous renovation in 2015–17, the building glows again with its original beauty.

This book includes stories of the capitol's construction and restoration, laborers and craftspeople, fine art and furnishings, and politics and protests. It features remarkable photographs, recently saved from a dumpster, that document the original construction. And it celebrates this beloved building's continued life at the center of the state's civic culture.

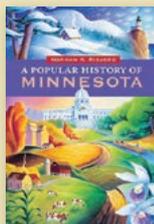
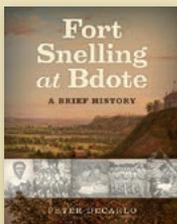


Denis P. Gardner is the National Register Historian in the Heritage Preservation Office of the Minnesota Historical Society and the author of *Minnesota Treasures: Stories Behind the State's Historic Places*. **Mark Dayton** serves as Minnesota's fortieth governor.

A stunning overview of the construction and renovation of "The People's House," Minnesota's spectacular State Capitol Building.



ALSO OF INTEREST



Fort Snelling at Bdote: A Brief History
Peter DeCarlo

PAPER, \$14.95, ISBN: 978-1-68134-022-7

A Popular History of Minnesota
Norman K. Risjord

PAPER, \$19.95, ISBN: 978-0-87351-532-0

E-BOOK, \$15.99, ISBN: 978-0-87351-691-4

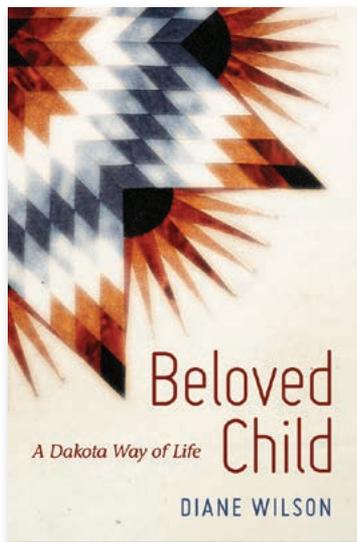
BELOVED CHILD

A Dakota Way of Life

DIANE WILSON

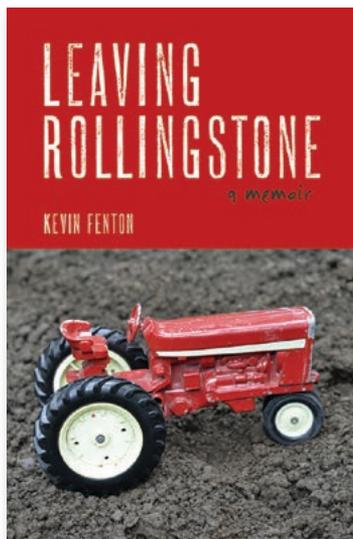
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Johnny Michaels and the
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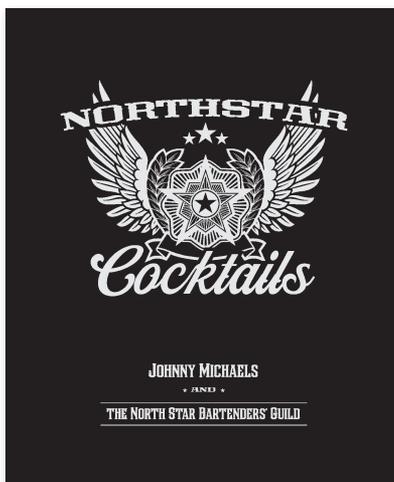
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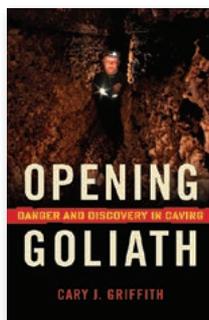
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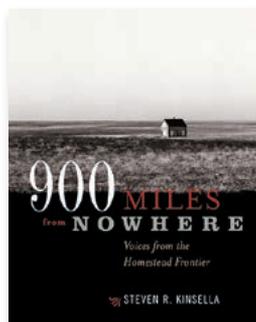
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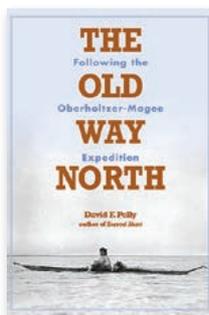
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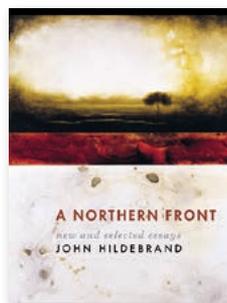
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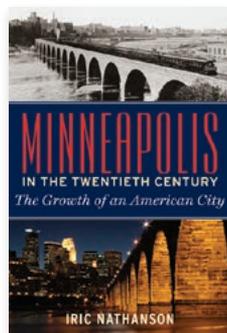
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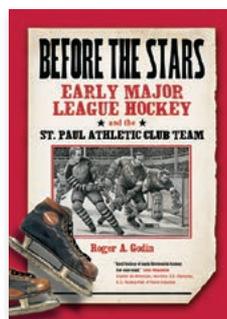
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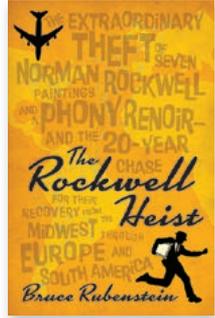
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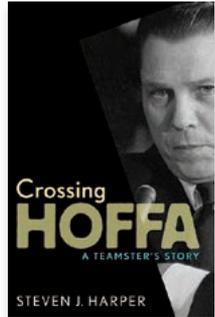
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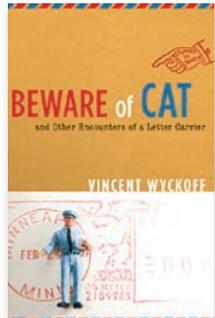
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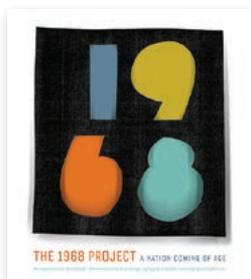
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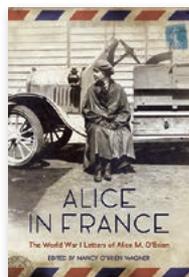


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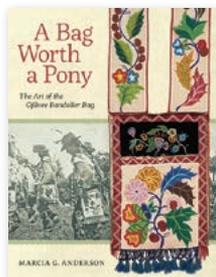
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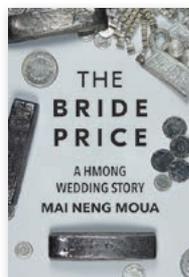


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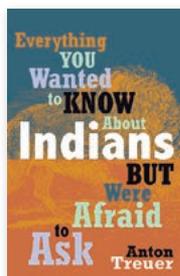
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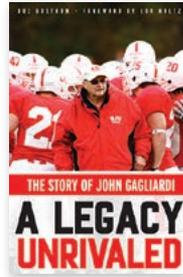


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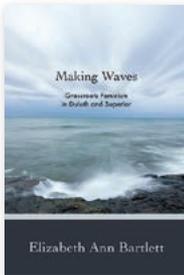
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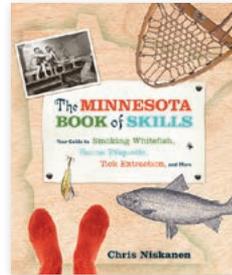
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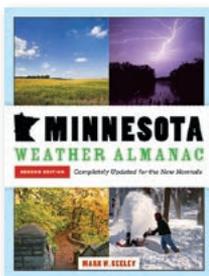
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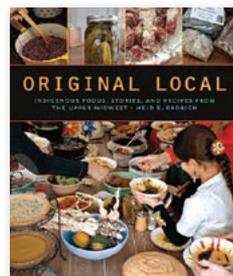


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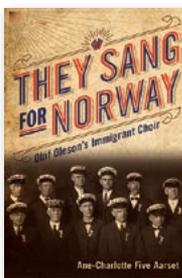


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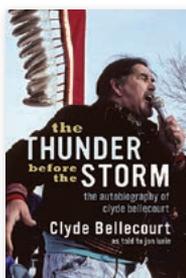
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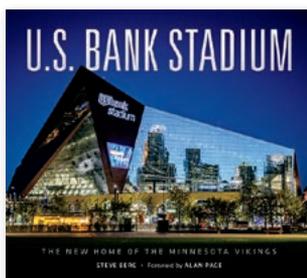
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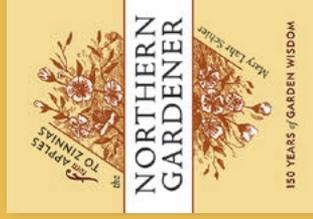
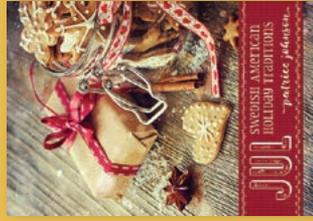
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