

**Performances will be submitted as a video recording.** The link will be uploaded through online registration. Each student should read these instructions for recording and submitting their project for contests. Performance rules from the [NHD Contest Rule Book](#) still apply.

The following guidelines have been developed in order to ensure a fair competition. The guidelines ensure that all projects will be prepared and submitted consistently from across Minnesota, allowing judges to focus on the historical quality of the work.

Individual Performance	Group Performance
<p><b>Individual Performances should be performed as if presenting in person.</b> The recordings must be done in a single, continuous take. Students are <b>not</b> permitted to edit multiple recordings together into a final presentation.</p>	<p><b>Group Performances should be performed as if presenting in person.</b> The recordings must be done in a single, continuous take. Students are <b>not</b> permitted to edit multiple recordings together into a final presentation. <i>If recording together in person is not possible, an online "table-read" in a single, continuous take will be accepted. Contact History Day staff with questions.</i></p>
<p><b>Set-Up</b></p> <ul style="list-style-type: none"> <li>The <b>camera</b> should be in one, fixed position, in front of the student.</li> <li><b>No one else should operate the camera.</b> You should start and stop the recording. The camera should not zoom in or out, or follow you while performing.</li> <li><b>Backdrops, props, and costumes</b> are allowed. Your recording does not need to show the <b>set-up/take-down</b> of the props, but keep in mind that the <i>NHD Contest Rule Book</i> limits these to five minutes each. The simpler, the better!</li> <li>Students should do their best to <b>remove personal items or photos</b> from the camera shot, but judges will be reminded to be understanding that this is not always possible.</li> </ul>	<p><b>Set-Up</b></p> <ul style="list-style-type: none"> <li>The <b>camera</b> should be in one, fixed position, in front of the students.</li> <li><b>No one else should operate the camera.</b> Students should start and stop the recording. The camera should not zoom in or out, or follow anyone while performing.</li> <li><b>Backdrops, props, and costumes</b> are allowed. Your recording does not need to show the <b>set-up/take-down</b> of the props, but keep in mind that the <i>NHD Contest Rule Book</i> limits these to five minutes each. The simpler, the better!</li> <li>Students should do their best to <b>remove personal items or photos</b> from the camera shot, but judges will be reminded to be understanding that this is not always possible.</li> </ul>

## Recording

- You can rehearse and re-record your project as many times as you wish, but must submit a recording that was done in a **single, continuous take**.
- No video editing or special effects.** You may trim your video at the start and the end of the recording.
- You must upload your Performance to an online platform (such as Google Drive, Vimeo, etc.) and adjust the sharing settings to be **viewable by anyone with the link**. If your email account is through your school, check to make sure that the school district privacy settings allow this link to be viewed outside of the district. If this is a problem, choose another email account or platform to host your recording.
- The performance link will be **submitted for the contest during online registration**.

## Required Paperwork

- All performances are **required to complete a Process Paper and Annotated Bibliography**. These materials will be submitted as a single PDF file during online registration.
- There is no Performance Companion Worksheet to complete.

**If you have any questions or technical problems in meeting these requirements, please contact Kyle Imdieke ([kyle.imdieke@mnhs.org](mailto:kyle.imdieke@mnhs.org)). We will be happy to talk about possible accommodations!**