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Cover background image from *On the Shortest Day*, illustration by Laurie Caple. See page 9.
The story of manoomin, wild rice, told through cultural practice, traditional ecological knowledge, scientific observation, and inspired dishes that feed the body and the senses.

**THE GOOD BERRY COOKBOOK**

*Harvesting and Cooking Wild Rice and Other Wild Foods*

**Tashia Hart**

Manoomin, wild rice, also known as "the good berry," first drew the Anishinaabeg people to the Great Lakes region in search of the prophesied "food that grows on water." Ethnobotanist Tashia Hart shares foraging tips and basic preparations that equip home cooks to expand their manoomin repertoire. Through storytelling and science, she emphasizes food as medicine: good choices for our environment and good choices for our plate unite as we enjoy the benefits the good berry and its botanical neighbors have to offer.

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"The Good Berry Cookbook is so much more than a beautiful collection of recipes and photos—it’s a soulful conversation with Anishinaabe writer and cook Tashia Hart, as she blends intimate family stories with her deep love for indigenous plants, reminding us of the ways in which our food nurtures and heals us."

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**LAND OF 10,000 PLATES**
*Stories and Recipes from Minnesota*

**Patrice M. Johnson**

Woven into a northland year are food rituals that sustain us and connect us to our region, our climate, and one another. Meat raffles. Fish frys. Pizza farms. Booya. As surely as winter changes to spring to summer to autumn in Minnesota, highly anticipated seasonal events bring folks together for fortifying fare and good company. Still other dishes appearing on the quintessential northland table know no season: Tater Tot Hotdish, Jell-O Salad, SPAM Lefse Pizza, Apple Cider Muffins.

Minnesotans make the most of the changing calendar by ice fishing on lakes big and small, foraging for ramps and tapping trees for maple syrup, marveling at farmers markets’ late-summer bounty, and picking apples and pumpkins in the deliciously crisp fall air. In *Land of 10,000 Plates*, Patrice M. Johnson highlights food rituals from her own life and explores Minnesota fare far and wide, experiencing the festivals, speaking with revelers, and celebrating the foodways that define the northland. Inventive recipes that mark the seasons—like Blåbärssoppa (bilberry soup), Rye Pretzel Bites with Caraway, Savory Pudding with Roasted Cherry Tomatoes and Radishes, and Coconut Ginger Pumpkin Pie—accompany stories about people who thrive in the North.

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THE VIEW FROM SPLIT ROCK
A Lighthouse Keeper’s Life
Lee Radzak, With Curt Brown

Split Rock Lighthouse is a Minnesota icon: a handsome structure perched atop a cliff on Lake Superior’s North Shore, gorgeous in every weather, a lonely outpost overlooking the vastness of the lake. Except that this lighthouse is not lonely. It’s one of the state’s most visited historic sites.

In 1982, Lee Radzak and his wife, Jane, moved into the middle keeper’s house, launching Lee’s career as the resident site manager for the Minnesota Historical Society. Over the next thirty-six years, they raised a family, marveled at the lake’s beauty, endured gigantic storms, and answered the questions posed by more than four million visitors.

Working with journalist and author Curt Brown, Radzak takes readers into the everyday experiences, the remarkable surprises, and the seasonal round of the life of a lighthouse keeper at Split Rock. He also discusses stories of its keepers, the technology that powered the light and the foghorns, the stunning landscape and weather of the North Shore, and his decision in 1985 to light the beacon in memory of the crew of the SS Edmund Fitzgerald.

Organized by season, illustrated with pictures taken by Lee and other talented photographers, this book offers a guide to life at Split Rock.

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Karlyn Coleman, Illustrations by Carrie Hartman

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If you’ve longed to put together a holiday julbord but lacked any clue on exactly how that might happen, Jul solves that problem for you.”
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A History of Fort Snelling
Hampton Smith

Fort Snelling, a foundational place in the story of Minnesota, was built 200 years ago at the confluence of the Mississippi and Minnesota Rivers, an area known to the Dakota people as Bdote. For millennia, Bdote has been a vital and sacred place for the native peoples of the region. It is also the “birthplace of Minnesota,” the site where citizens of the United States first lived in what is now Minnesota. The fort’s history encompasses the intersection of these peoples—and many others.

In this book, historian Hampton Smith delves into Fort Snelling’s long and complicated story: its construction as an improbably enormous structure, the daily lives of its inhabitants and those who lived nearby, the shift in its function when speculators and land-hungry immigrants flooded the territory, its role as a military outpost in the westward expansion of the United States, its participation in wresting the land from the Dakota, its evolution as two cities grew up around it, its roles in two world wars—up to the reinterpretation of the fort as Minnesotans mark its 200th anniversary.

Illustrated throughout with artwork and photographs as well as maps and artifacts, this book is a comprehensive history of an important Minnesota landmark.

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On May 25, 2020, George Floyd, an unarmed Black man, was killed by Minneapolis police officers, sparking months of unrest at home and around the world. As millions took to the streets to express their outrage and speak out against systemic racism, injustice, and institutionalized violence, the city of Minneapolis and its residents were deeply shaken. For many, George Floyd’s murder and the ensuing uprisings shattered the city’s reputation for progressive ideals and a high quality of life. For many others, the incident simply caught on camera a representation of the harsh realities and paradoxes that they have been living with for generations. In the words of Jasmine Mitchell, “the ‘Minnesota nice’ comforts and illusionary progressiveness resides upon the ignoring of White racial terrorism and fears of Blackness, brown immigrants, and resistance to White supremacy.”

Sparked brings together the perspectives of social scientists, professors, and other academics who work or have worked in Minnesota. The essays present reflections on racial dynamics in the Twin Cities and the intersection of the wonderful and wretched sides of that existence, revealing deep complexities, ingrained inequities, and diverse personal experiences.

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Kim Heikkila’s mother had a secret: in 1961, two years before her marriage, she became pregnant. After several months hidden in her parents’ attic bedroom, she gave birth to a daughter at the Salvation Army’s Booth Memorial Hospital, a home for unwed mothers in St. Paul, and surrendered her for adoption.

Kim’s older sister reunited with her birth family in the 1990s. Kim’s mother wrote about these experiences, but after she died, Heikkila still had questions. Using careful research and sensitive interviews with other “Booth girls,” she tells the stories of the Booth hospital and the women who passed through it—and she learned more about her own experience as an adoptive mother.

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“In this powerful, beautifully written book, Kim Heikkila recounts the dramatic and painful story of her mother’s first child, born when she was a young unmarried woman in the early 1960s. Weaving together her personal family story with her scholarly knowledge and insight, Heikkila uncovers the emotional and social toll experienced by unmarried mothers who bore not only the babies but the weight of stigma as the fathers walked away.”

—ELAINE TYLER MAY, author of America and the Pill: A History of Promise, Peril, and Liberation
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The Untold Story of the Making of Fargo
Todd Melby, Foreword by William H. Macy

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FUNNY THING ABOUT MINNESOTA . . .
The Rise, Fall, and Rebirth of the Twin Cities Comedy Scene
Patrick Strait

An insiders’ look at the land of ten thousand laughs—how Minneapolis became a hot spot for comedy. A lively exploration of the wild eighties scene and the creative legacy it wrought.

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Relive the glory days of retail—when a trip to the department store was a special occasion—with nostalgic stories and vintage photos and ads.

THANK YOU FOR SHOPPING
The Golden Age of Minnesota Department Stores
Kristal Leebrick, Foreword by Dolores DeFore

Throughout the twentieth century, department stores ruled the retail landscapes of downtown Minneapolis and St. Paul. More than just shopping centers, stores like Dayton’s, Powers, Donaldson’s, Young-Quinlan, the Emporium, and the Golden Rule were centers of social life. From the legendary Dayton’s Christmas displays to celebrating a special occasion at Schuneman’s River Room, the department store was a destination for generations of Minnesotans, within the Twin Cities and beyond.

In Thank You for Shopping, author Kristal Leebrick presents the history and stories behind Minnesota’s great department stores. Abundantly illustrated with vintage photos, postcards, advertisements, and artwork, the book explores the experience of shoppers and employees alike. Readers will revel in the fun, the fashion, and the thrill of discovery these stores provided.

The book also includes a chapter dedicated to the signature dishes with recipes, menus, and photos of the stores’ esteemed dining establishments. And looking beyond the Twin Cities, Leebrick tells of beloved, locally owned stores in Brainerd (O’Brien’s), Winona (Choate’s), Duluth (Freimuth’s), and other Minnesota cities and towns.

Thank You for Shopping is a nostalgic trip back for anybody who remembers the service, style, and charm of Minnesota’s late, great department stores.

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Eating is an intimacy bound with language, family, and migration: travel far and near with these gifted writers as they share their flavorful, luminous stories.

WHAT WE HUNGER FOR
Refugee and Immigrant Stories about Food and Family
Edited by Sun Yung Shin


Food can be a unifier and a healer, bringing people together across generations and cultures. Sharing a meal often leads to sharing stories and deepening our understanding of each other and our respective histories and practices, global and local. Newcomers to Minnesota bring their own culinary traditions and may re-create food memories at home, introduce new friends and neighbors to their favorite dishes, and explore comforting flavors and experiences of hospitality at local restaurants, community gatherings, and spiritual ceremonies. They adapt to different growing seasons and regional selections available at corner stores and farmers markets. And generations may communicate through the language of food in addition to a mix of spoken languages old and new. All of these experiences yield stories worth sharing around Minnesota cook fires, circles, and tables.

In What We Hunger For, fourteen writers from refugee and immigrant families write about their complicated, poignant, funny, difficult, joyful, and ongoing relationships to food, cooking, and eating.

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Anton Treuer

Today's Ojibwe people have—against all odds—maintained a dazzling array of deep, beautiful, adaptive ways of connecting to the spiritual, natural, and human beings around them. In this book, Anton Treuer tells stories of one Ojibwe family’s hunting, gathering, harvesting, and cultural ways and beliefs. Following the four seasons of the year and the four seasons of life, this intimate view of the Ojibwe world reflects a relatable, modern, richly experienced connection to the rest of the planet. It also opens up a new way of understanding these living traditions, which carry thousands of years of cultural knowledge still in the making.

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My Six-Decade Journey in Rock and Roll
Pepé Willie, With Tony Kiene,
Foreword by Clarence Collins of Little Anthony and the Imperials

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The Twin Cities Through the Lens of Charles Chamblis
Photography by Charles Chamblis, Text by Davu Seru

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Photographer Allen Beaulieu worked with Prince from the late 1970s into the early ‘80s, capturing the musician’s progression from rising star to his ultimate purple superstardom. Always at Prince’s side with camera in hand, Beaulieu helped Prince carry forward his vision with legendary album cover images and promotional photos during the groundbreaking Dirty Mind, Controversy, and 1999 era, while also capturing live performances on tour with Prince.

Prince: Before the Rain puts into focus the hallmark imagery—including behind-the-scenes, candid, and casual shots—with recollections from Beaulieu on his personal and professional relationship with Prince. Going deeper into the context of these crucial years, supplemental text brings it all together with reminiscences from former bandmates, including Bobby Z., Dez Dickerson, André Cymone, and more.

Prince: Before the Rain paints another important picture in the mythology of the celebrated, influential, and endlessly invigorating performer while providing an intimate portrait of the Minnesota artist about to take over the world.

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