

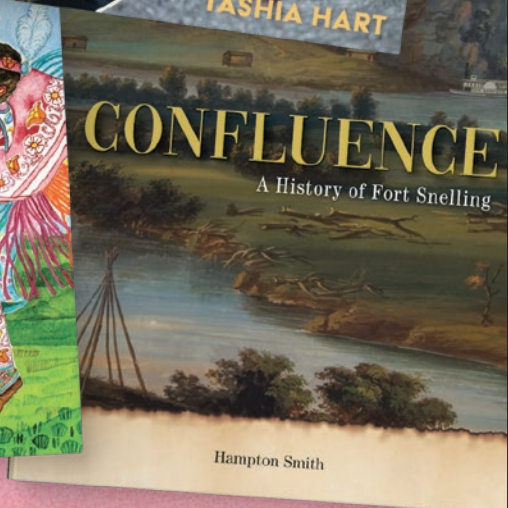
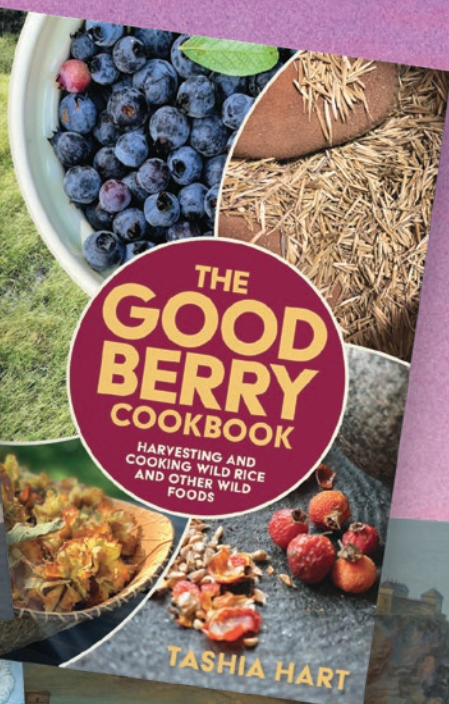
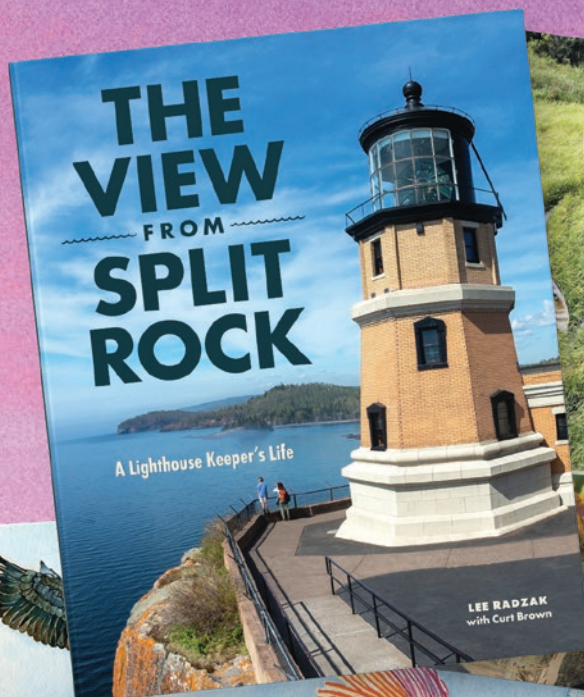


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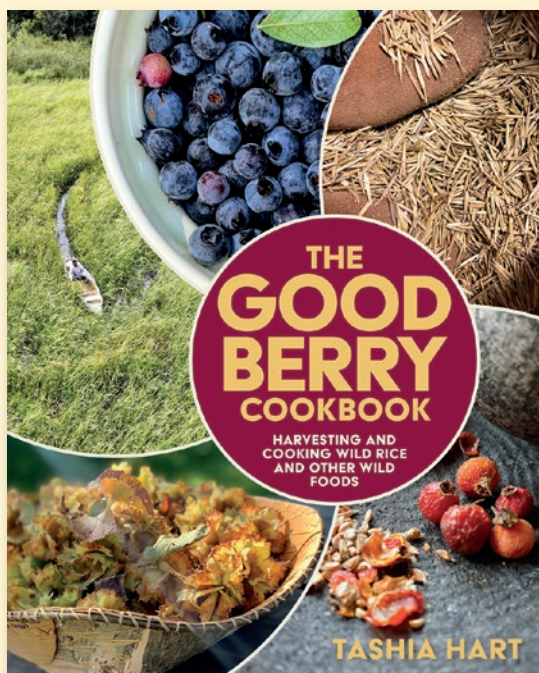


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The story of manoomin, wild rice, told through cultural practice, traditional ecological knowledge, scientific observation, and inspired dishes that feed the body and the senses.

THE GOOD BERRY COOKBOOK

Harvesting and Cooking Wild Rice and Other Wild Foods

Tashia Hart

Manoomin, wild rice, also known as “the good berry,” first drew the Anishinaabeg people to the Great Lakes region in search of the prophesied “food that grows on water.” Ethnobotanist Tashia Hart shares foraging tips and basic preparations that equip home cooks to expand their manoomin repertoire. Through storytelling and science, she emphasizes food as medicine: good choices for our environment and good choices for our plate unite as we enjoy the benefits the good berry and its botanical neighbors have to offer.

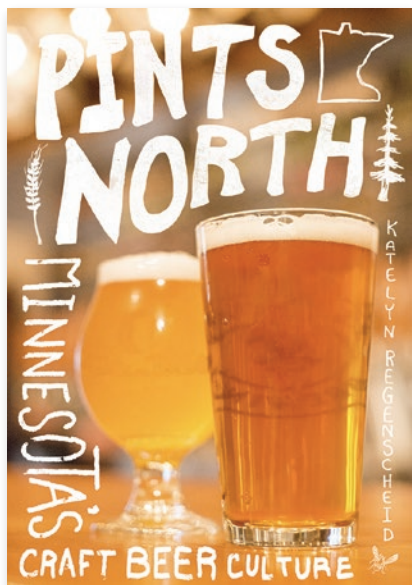
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“The Good Berry Cookbook is so much more than a beautiful collection of recipes and photos—it’s a soulful conversation with Anishinaabe writer and cook Tashia Hart, as she blends intimate family stories with her deep love for indigenous plants, reminding us of the ways in which our food nurtures and heals us.”

—DIANE WILSON, author of
The Seed Keeper and *Spirit Car: Journey to a Dakota Past*



FOOD AND DRINK



PINTS NORTH

Minnesota's Craft Beer Culture

Katelyn Regenscheid,
Foreword by Doug Hoverson

Crack open a cold one and venture into the fun and exciting world of Minnesota craft beers, taprooms, and brewmasters with this inside look at beer making and beer culture.

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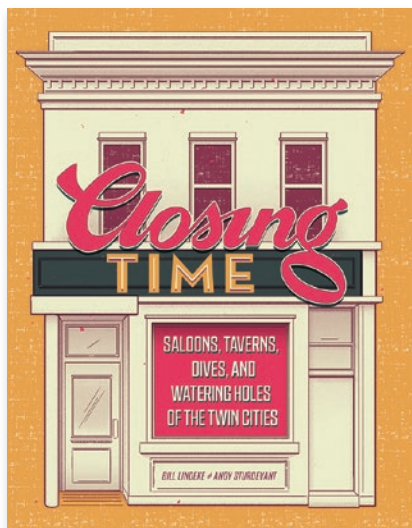
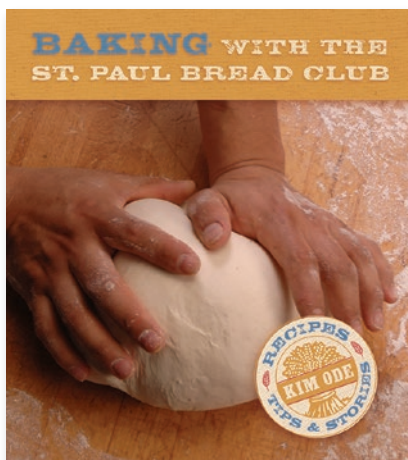
BAKING WITH THE ST. PAUL BREAD CLUB

Recipes, Tips, and Stories

Kim Ode

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CLOSING TIME

*Saloons, Taverns, Dives, and
Watering Holes of the Twin Cities*

Bill Lindeke and Andy Sturdevant

An entertaining journey into the highs, lows, bright spots, and dark corners of the Twin Cities' most famous and infamous drinking establishments—history viewed from the barstool.

\$27.95 HARDCOVER, 240 PAGES, 7 × 9,
75 B&W PHOTOS AND ILLUSTRATIONS



From Minnesota's newer traditions—Hmong hotdish—to its oldest—nourishing wild rice—*Land of 10,000 Plates* invites readers to bask in the warmth and hospitality of kitchens throughout the state.

LAND OF 10,000 PLATES

Stories and Recipes from Minnesota

Patrice M. Johnson

Woven into a northland year are food rituals that sustain us and connect us to our region, our climate, and one another. Meat raffles. Fish fries. Pizza farms. Booya. As surely as winter changes to spring to summer to autumn in Minnesota, highly anticipated seasonal events bring folks together for fortifying fare and good company. Still other dishes appearing on the quintessential northland table know no season: Tater Tot Hotdish, Jell-O Salad, SPAM Lefse Pizza, Apple Cider Muffins.

Minnesotans make the most of the changing calendar by ice fishing on lakes big and small, foraging for ramps and tapping trees for maple syrup, marveling at farmers markets' late-summer bounty, and picking apples and pumpkins in the deliciously crisp fall air. In *Land of 10,000 Plates*, Patrice M. Johnson highlights food rituals from her own life and explores Minnesota fare far and wide, experiencing the festivals, speaking with revelers, and celebrating the foodways that define the northland. Inventive recipes that mark the seasons—like Blåbärssoppa (bilberry soup), Rye Pretzel Bites with Caraway, Savory Pudding with Roasted Cherry Tomatoes and Radishes, and Coconut Ginger Pumpkin Pie—accompany stories about people who thrive in the North.

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40 COLOR PHOTOS, 100 RECIPES



OUTDOORS AND NATURE



RON SCHARA'S MINNESOTA

Mostly True Tales of a Life Outdoors

Ron Schara

Discover the gentle humor and astute observations of a true outdoorsman as he shares stories of natural wonders and personal revelations, family traditions and triumphant treks in beloved midwestern landscapes.

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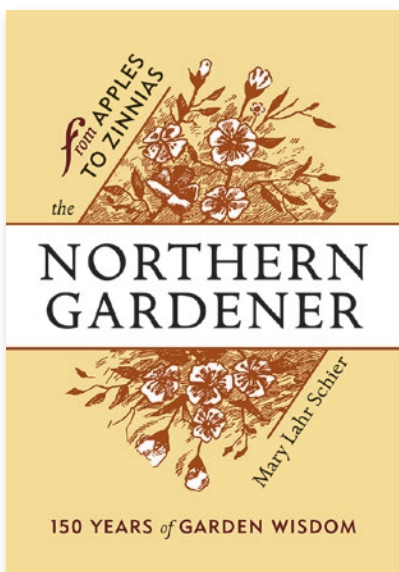
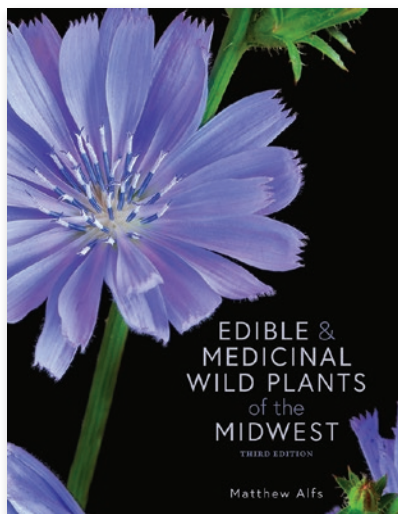
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Third Edition

Matthew Alfs

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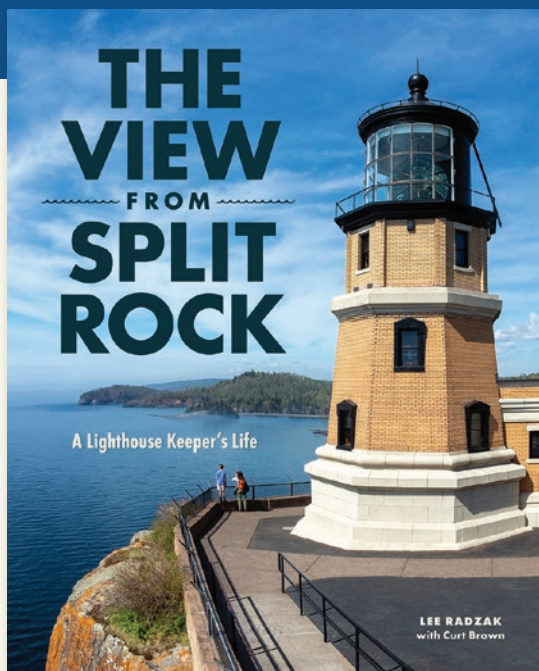
THE NORTHERN GARDENER

*From Apples to Zinnias,
150 Years of Garden Wisdom*

Mary Lahr Schier

Tips and tricks for the northern gardener collected from 150 years of Minnesota State Horticultural Society publications. Illustrated with color photos and vintage artwork.

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100 COLOR PHOTOS AND 20 B&W ILLUSTRATIONS



A modern lighthouse keeper tells the fascinating stories of his tenure at a celebrated historic site.



THE VIEW FROM SPLIT ROCK

A Lighthouse Keeper's Life

Lee Radzak, With Curt Brown

Split Rock Lighthouse is a Minnesota icon: a handsome structure perched atop a cliff on Lake Superior's North Shore, gorgeous in every weather, a lonely outpost overlooking the vastness of the lake. Except that this lighthouse is not lonely. It's one of the state's most visited historic sites.

In 1982, Lee Radzak and his wife, Jane, moved into the middle keeper's house, launching Lee's career as the resident site manager for the Minnesota Historical Society. Over the next thirty-six years, they raised a family, marveled at the lake's beauty, endured gigantic storms, and answered the questions posed by more than four million visitors.

Working with journalist and author Curt Brown, Radzak takes readers into the everyday experiences, the remarkable surprises, and the seasonal round of the life of a lighthouse keeper at Split Rock. He also discusses stories of its keepers, the technology that powered the light and the foghorns, the stunning landscape and weather of the North Shore, and his decision in 1985 to light the beacon in memory of the crew of the *SS Edmund Fitzgerald*.

Organized by season, illustrated with pictures taken by Lee and other talented photographers, this book offers a guide to life at Split Rock.

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JOSIE DANCES

Denise Lajimodiere,
Illustrations by Angela Erdrich

An Ojibwe girl practices her dance steps, gets help from her family, and is inspired by the soaring flight of Migizi, the eagle, as she prepares for her first powwow.

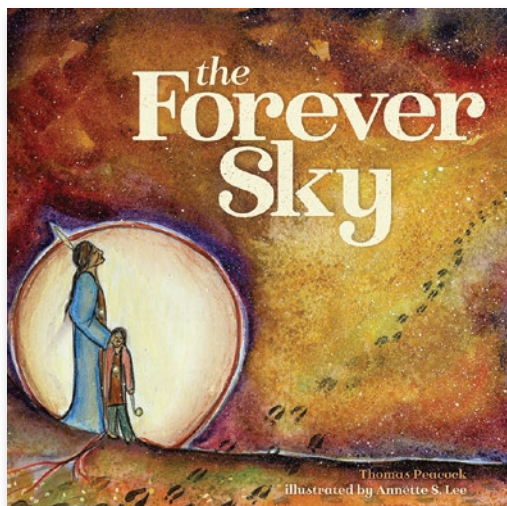
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BOWWOW POWWOW

Brenda J. Child,
Illustrations by
Jonathan Thunder,
Translation by Gordon Jourdain

The best days of summer end at the powwow, but Windy Girl takes the revelry of the gathering one step farther, into a dreamworld where the dancers and singers are dogs.

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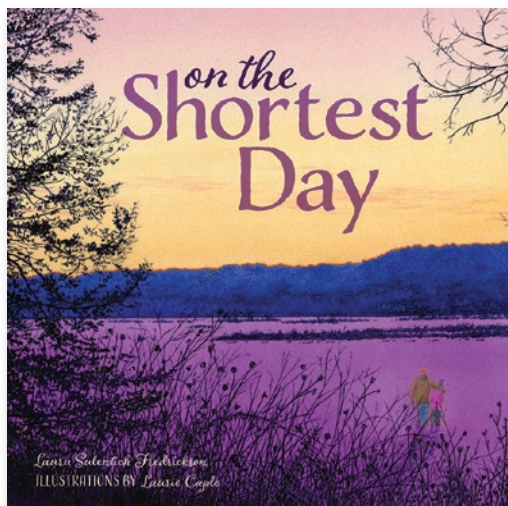


THE FOREVER SKY

Thomas Peacock,
Illustrations by Annette S. Lee

Brothers look to the stars and spin stories, some inspired by Uncle, some of their own making. The best one involves their grandmother and her place in the forever sky.

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ON THE SHORTEST DAY

Laura Sulentic Fredrickson,
Illustrations by Laurie Caple

Wander through wintry woods and along frozen creeks to observe eagles soaring, deer munching, and muskrats hiding as the winter solstice arrives in a whirl of snowy confetti and dancing starlight.

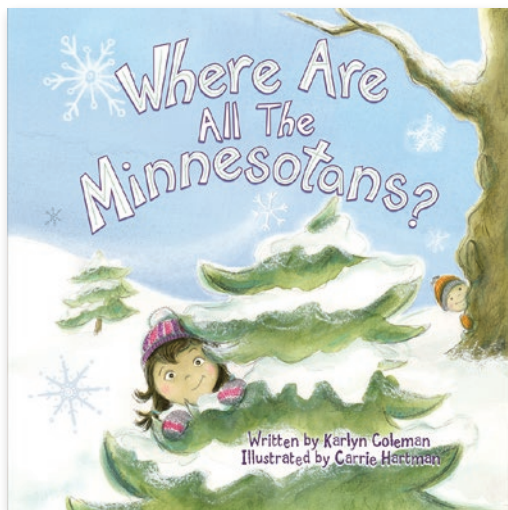
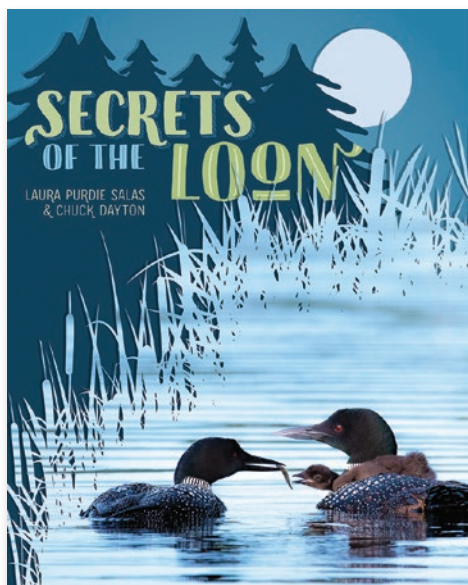
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SECRETS OF THE LOON

Laura Purdie Salas and
Chuck Dayton

Vivid depictions in words and photos illuminate the mysterious world of loons, viewed through the lens of a chick learning how to survive—and thrive—in her first year.

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WHERE ARE ALL THE MINNESOTANS?

Karlyn Coleman,
Illustrations by Carrie Hartman

Minnesotans are a hardy lot, undaunted by snow and cold. Armed with wool and fleece, they embrace the winter season and all the opportunities for adventure, activity, and celebration it brings.

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GIFTS

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HOLIDAY



JUL

Swedish American Holiday Traditions
Patrice M. Johnson

From smorgasbord and St. Lucia processions to Christmas Eve gatherings with dear family and friends, Swedish Americans are linked through the generations by a legacy of meatballs and lutefisk.

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50 COLOR PHOTOS, 100 RECIPES

“If you’ve longed to put together a holiday julbord but lacked any clue on exactly how that might happen, *Jul* solves that problem for you.”

—DARA MOSKOWITZ GRUMDAHL,
Mpls.St.Paul Magazine

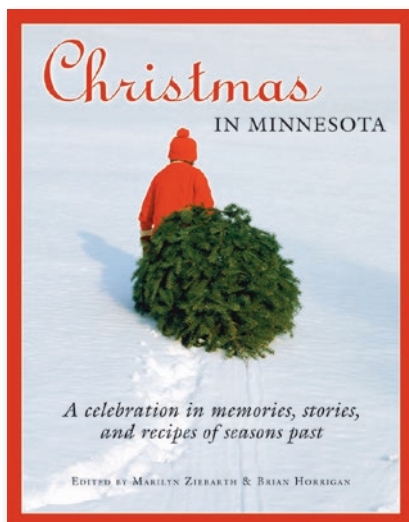
CHRISTMAS IN MINNESOTA

A Celebration in Memories, Stories, and Recipes of Seasons Past

Edited by Marilyn Ziebarth and Brian Horrigan

Like the warmth of a cabin fireplace and the twinkle of lights along the edge of a frozen lake, *Christmas in Minnesota* evokes memories of holidays long ago.

\$17.95 PAPERBACK, 220 PAGES, 7¼ × 9¼



KEEPING CHRISTMAS

Yuletide Traditions in Norway and the New Land

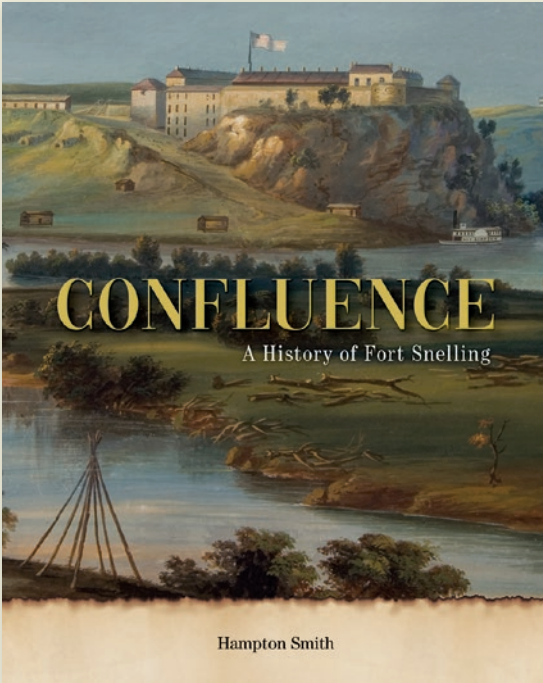
Kathleen Stokker

With accounts of ancient and modern Christmases, with recipes and photographs, this book reminds Norwegians and Norwegian Americans of their connections to each other through the holidays.

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Compelling stories from behind and around the massive limestone walls of Minnesota's major historic site.



CONFLUENCE

A History of Fort Snelling
Hampton Smith

Fort Snelling, a foundational place in the story of Minnesota, was built 200 years ago at the confluence of the Mississippi and Minnesota Rivers, an area known to the Dakota people as Bdote. For millennia, Bdote has been a vital and sacred place for the native peoples of the region. It is also the “birthplace of Minnesota,” the site where citizens of the United States first lived in what is now Minnesota. The fort’s history encompasses the intersection of these peoples—and many others.

In this book, historian Hampton Smith delves into Fort Snelling’s long and complicated story: its construction as an improbably enormous structure, the daily lives of its inhabitants and those who lived nearby, the shift in its function when speculators and land-hungry immigrants flooded the territory, its role as a military outpost in the westward expansion of the United States, its participation in wresting the land from the Dakota, its evolution as two cities grew up around it, its roles in two world wars—up to the reinterpretation of the fort as Minnesotans mark its 200th anniversary.

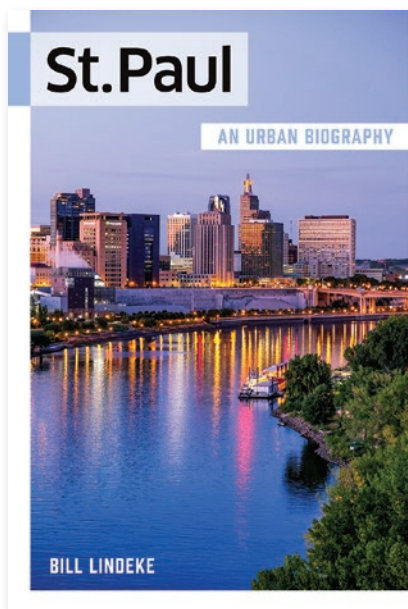
Illustrated throughout with artwork and photographs as well as maps and artifacts, this book is a comprehensive history of an important Minnesota landmark.

\$34.95 HARDCOVER, 278 PAGES, 8 x 10, 130 COLOR AND B&W PHOTOS AND ILLUSTRATIONS

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HISTORY



ST. PAUL

An Urban Biography

Bill Lindeke

A concise history of St. Paul, featuring stories that are familiar, surprising, and sure to change the way you see Minnesota's capital city.

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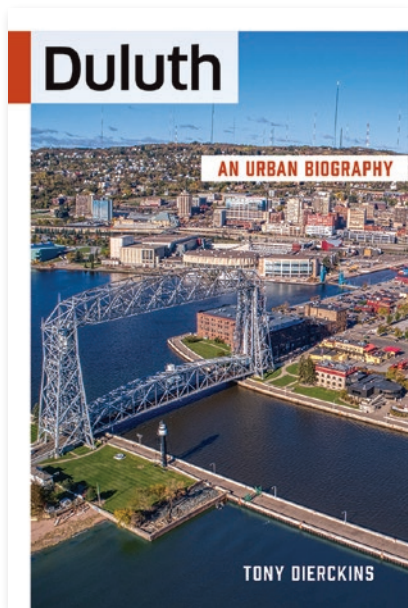
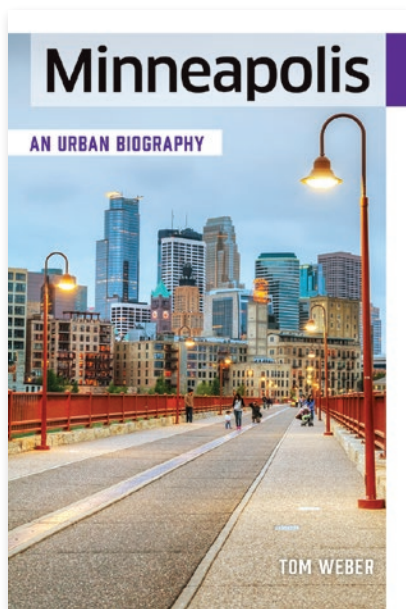
MINNEAPOLIS

An Urban Biography

Tom Weber

In a succinct and thought-provoking book, Tom Weber provides a biography of the City of Lakes, starting with Bdote and the Dakota people up to the present day.

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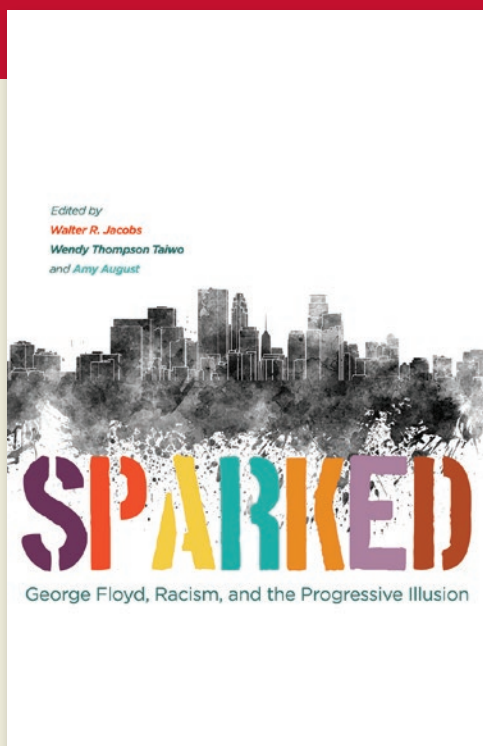
DULUTH

An Urban Biography

Tony Dierckins

Duluth, the beautiful city at the head of the world's largest freshwater lake, has gone from boom to bust to boom and back again.

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50 B&W PHOTOS AND ILLUSTRATIONS



Reflections on the murder of George Floyd and the uprisings that followed and on racism in Minnesota, as told by former and current residents of the state.

SPARKED

George Floyd, Racism, and the Progressive Illusion

Edited by Walter R. Jacobs, Wendy Thompson Taiwo, and Amy August

On May 25, 2020, George Floyd, an unarmed Black man, was killed by Minneapolis police officers, sparking months of unrest at home and around the world. As millions took to the streets to express their outrage and speak out against systemic racism, injustice, and institutionalized violence, the city of Minneapolis and its residents were deeply shaken. For many, George Floyd's murder and the ensuing uprisings shattered the city's reputation for progressive ideals and a high quality of life. For many others, the incident simply caught on camera a representation of the harsh realities and paradoxes that they have been living with for generations. In the words of Jasmine Mitchell, "the 'Minnesota nice' comforts and illusionary progressiveness resides upon the ignoring of White racial terrorism and fears of Blackness, brown immigrants, and resistance to White supremacy."

Sparked brings together the perspectives of social scientists, professors, and other academics who work or have worked in Minnesota. The essays present reflections on racial dynamics in the Twin Cities and the intersection of the wonderful and wretched sides of that existence, revealing deep complexities, ingrained inequities, and diverse personal experiences.

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HISTORY



MINNESOTA'S BLACK COMMUNITY IN THE 21st CENTURY

Anthony R. Scott, Dr. Chaunda L. Scott, and Dr. Charles E. Crutchfield III,
Foreword by Mahmoud El-Kati

An inspiring celebration of the accomplishments of African American professionals in Minnesota, highlighting the contributions of individuals and organizations in a wide range of fields.

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8½ × 11, 400 B&W PHOTOS

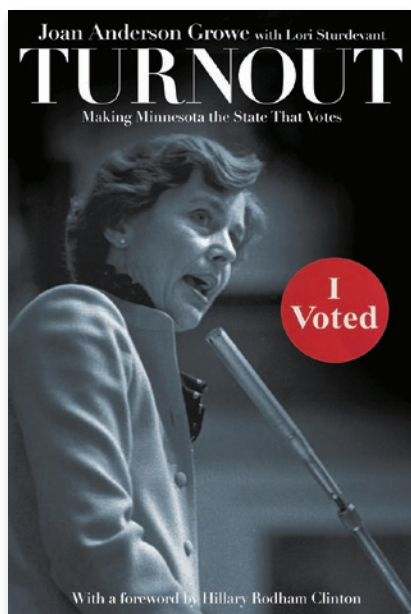
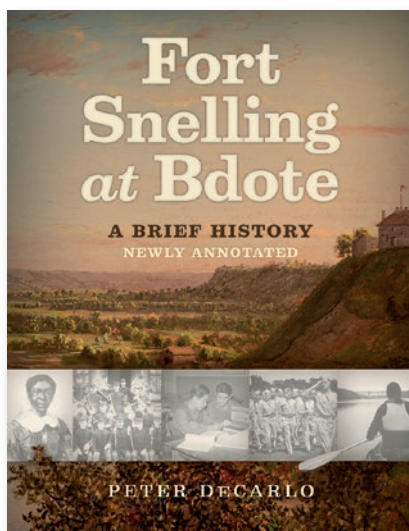
FORT SNELLING AT BDOE

*A Brief History
Newly Annotated and
Updated Edition*

Peter DeCarlo

A primer on the complex and contested history of Minnesota's premier historical site, newly annotated.

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80 COLOR AND B&W PHOTOS AND
ILLUSTRATIONS



TURNOUT

Making Minnesota the State That Votes

Joan Anderson Growe,
With Lori Sturdevant,
Foreword by Hillary Rodham Clinton

The architect and chief promoter of Minnesota's high voter turnout tells her story, showing how hard work and cooperation made the state a leader in clean, open elections.

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6 × 9, 25 B&W PHOTOS

KIM HEIKKILA

BOOTH GIRLS

PREGNANCY,
ADOPTION &
THE SECRETS
WE KEPT



BOOTH GIRLS

Pregnancy, Adoption, and the Secrets We Kept

Kim Heikkila

Kim Heikkila's mother had a secret: in 1961, two years before her marriage, she became pregnant. After several months hidden in her parents' attic bedroom, she gave birth to a daughter at the Salvation Army's Booth Memorial Hospital, a home for unwed mothers in St. Paul, and surrendered her for adoption.

Kim's older sister reunited with her birth family in the 1990s. Kim's mother wrote about these experiences, but after she died, Heikkila still had questions. Using careful research and sensitive interviews with other "Booth girls," she tells the stories of the Booth hospital and the women who passed through it—and she learned more about her own experience as an adoptive mother.

\$18.95 PAPERBACK, 256 PAGES, 6 × 9, 21 B&W PHOTOS

A thoughtful, multigenerational story of contested motherhood, equal parts biography, oral history, history, and memoir.



"In this powerful, beautifully written book, Kim Heikkila recounts the dramatic and painful story of her mother's first child, born when she was a young unmarried woman in the early 1960s. Weaving together her personal family story with her scholarly knowledge and insight, Heikkila uncovers the emotional and social toll experienced by unmarried mothers who bore not only the babies but the weight of stigma as the fathers walked away."

—ELAINE TYLER MAY, author of *America and the Pill: A History of Promise, Peril, and Liberation*

HISTORY



A WOMAN'S WAR, TOO

Women at Work During World War II
Virginia M. Wright-Peterson

Dramatic stories of women discovering their own potential in a time of national need, surprising themselves and others—and setting the roots of second-wave feminism.

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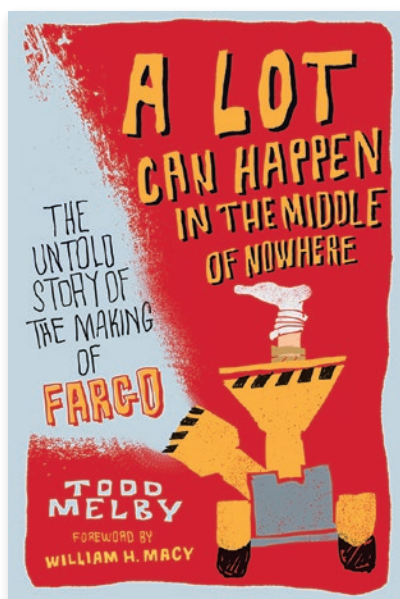
A LOT CAN HAPPEN IN THE MIDDLE OF NOWHERE

The Untold Story of the Making of Fargo

Todd Melby,
Foreword by William H. Macy

Go behind the scenes of this classic nineties film from cinematic masters Joel and Ethan Coen. Yah, you betcha, you're gonna discover some fascinating tidbits to celebrate the film's twenty-fifth anniversary.

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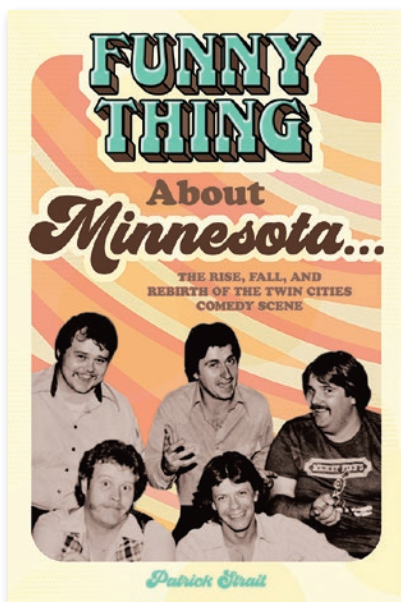
FUNNY THING ABOUT MINNESOTA...

The Rise, Fall, and Rebirth of the Twin Cities Comedy Scene

Patrick Strait

An insiders' look at the land of ten thousand laughs—how Minneapolis became a hot spot for comedy. A lively exploration of the wild eighties scene and the creative legacy it wrought.

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6 × 9, 50 B&W PHOTOS





Relive the glory days of retail—when a trip to the department store was a special occasion—with nostalgic stories and vintage photos and ads.

THANK YOU FOR SHOPPING

The Golden Age of Minnesota Department Stores

Kristal Leebrick,

Foreword by Dolores DeFore

Throughout the twentieth century, department stores ruled the retail landscapes of downtown Minneapolis and St. Paul. More than just shopping centers, stores like Dayton's, Powers, Donaldson's, Young-Quinlan, the Emporium, and the Golden Rule were centers of social life. From the legendary Dayton's Christmas displays to celebrating a special occasion at Schuneman's River Room, the department store was a destination for generations of Minnesotans, within the Twin Cities and beyond.



In *Thank You for Shopping*, author Kristal Leebrick presents the history and stories behind Minnesota's great department stores. Abundantly illustrated with vintage photos, postcards, advertisements, and artwork, the book explores the experience of shoppers and employees alike. Readers will revel in the fun, the fashion, and the thrill of discovery these stores provided.

The book also includes a chapter dedicated to the signature dishes with recipes, menus, and photos of the stores' esteemed dining establishments. And looking beyond the Twin Cities, Leebrick tells of beloved, locally owned stores in Brainerd (O'Brien's), Winona (Choate's), Duluth (Freimuth's), and other Minnesota cities and towns.



Thank You for Shopping is a nostalgic trip back for anybody who remembers the service, style, and charm of Minnesota's late, great department stores.

\$29.95 HARDCOVER, 224 PAGES, 9¼ × 10½,
MORE THAN 400 COLOR AND B&W PHOTOS
AND ILLUSTRATIONS

ETHNIC STUDIES



STARING DOWN THE TIGER

Stories of Hmong American Women

Edited by Pa Der Vang

Captivating stories of the courage, resilience, and everyday brilliance of Hmong American women.

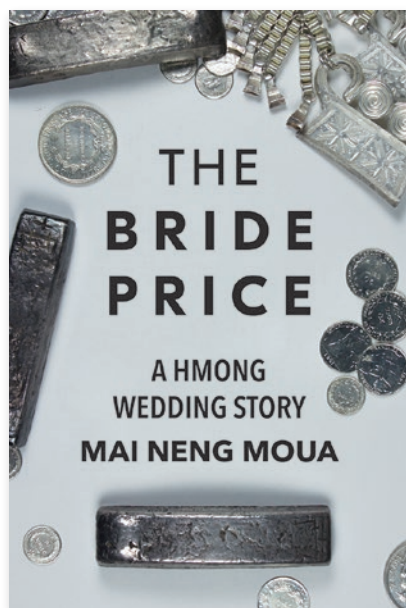
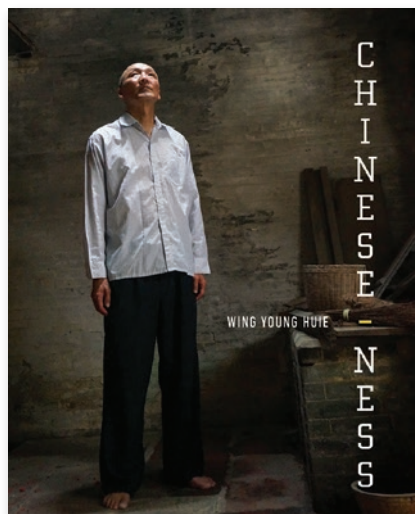
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CHINESE-NESS

Wing Young Huie

Reframing the conversations around race and identity, a talented photographer offers a prism through which to explore our modern era of cultural uncertainty.

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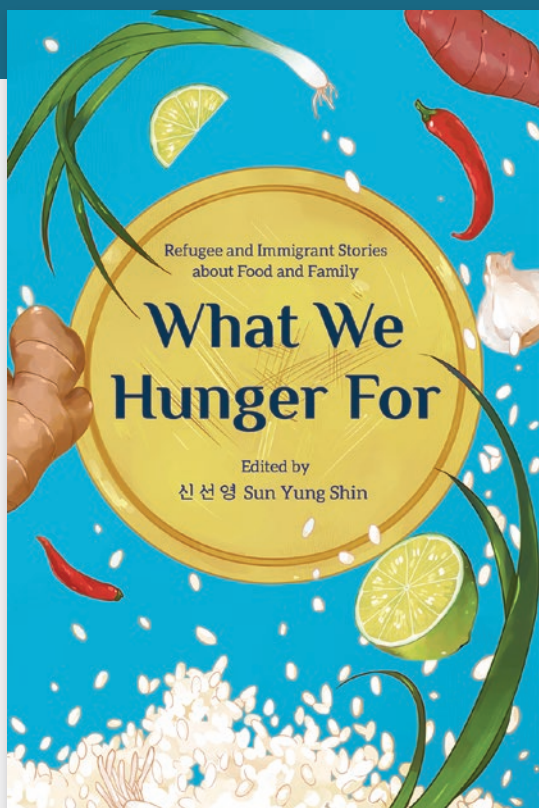
THE BRIDE PRICE

A Hmong Wedding Story

Mai Neng Moua

A principled decision brings unexpected consequences for a Hmong American woman struggling to reconcile the two cultures—and to be a good daughter while breaking the rules.

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Eating is an intimacy bound with language, family, and migration: travel far and near with these gifted writers as they share their flavorful, luminous stories.

WHAT WE HUNGER FOR

Refugee and Immigrant Stories about Food and Family

Edited by Sun Yung Shin 신선영

Includes contributions from Valérie Déus, V. V. Ganeshanathan, Roy G. Guzmán, Lina Jamoul, Simi Kang, May Lee-Yang, Ifrah Mansour, Anh-Hoa Thị Nguyễn, Zarlisht Niaz, Junauda Petrus-Nasah, Kou B. Thao, Michael Torres, Saymoukda Duangphouxay Vongsay, and Senah Yeboah-Sampong.

Food can be a unifier and a healer, bringing people together across generations and cultures. Sharing a meal often leads to sharing stories and deepening our understanding of each other and our respective histories and practices, global and local. Newcomers to Minnesota bring their own culinary traditions and may re-create food memories at home, introduce new friends and neighbors to their favorite dishes, and explore comforting flavors and experiences of hospitality at local restaurants, community gatherings, and spiritual ceremonies. They adapt to different growing seasons and regional selections available at corner stores and farmers markets. And generations may communicate through the language of food in addition to a mix of spoken languages old and new. All of these experiences yield stories worth sharing around Minnesota cook fires, circles, and tables.

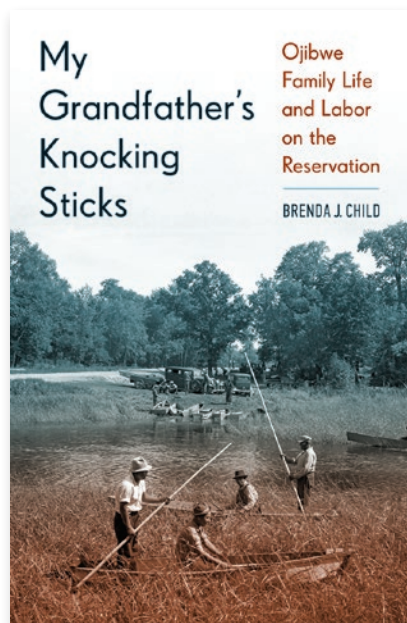
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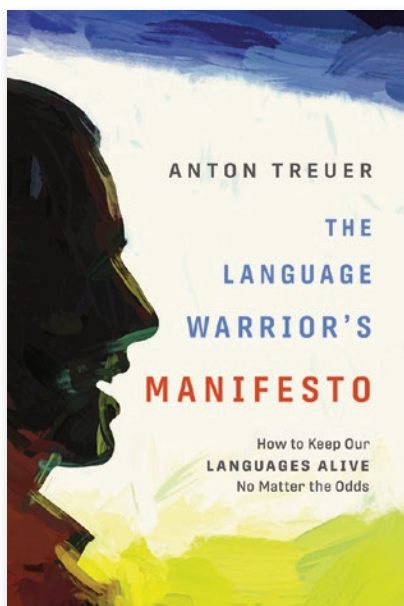
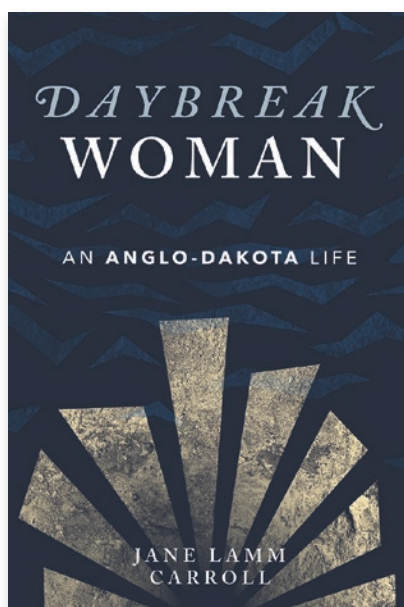
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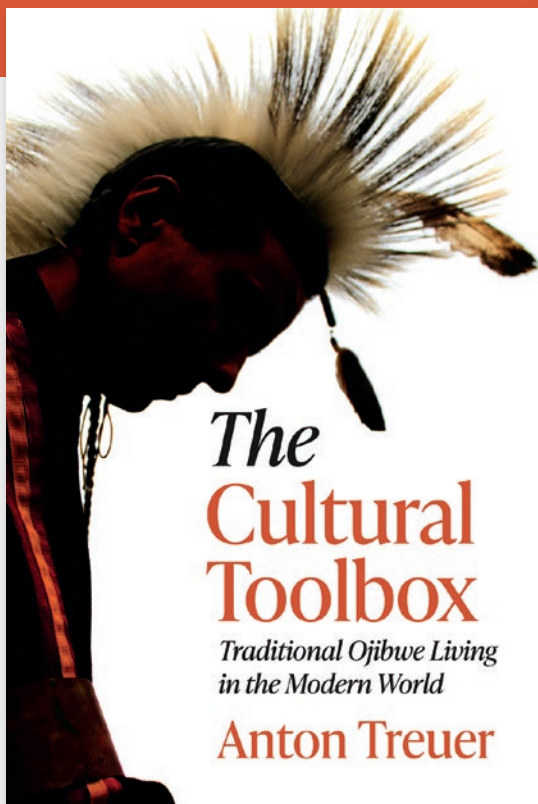
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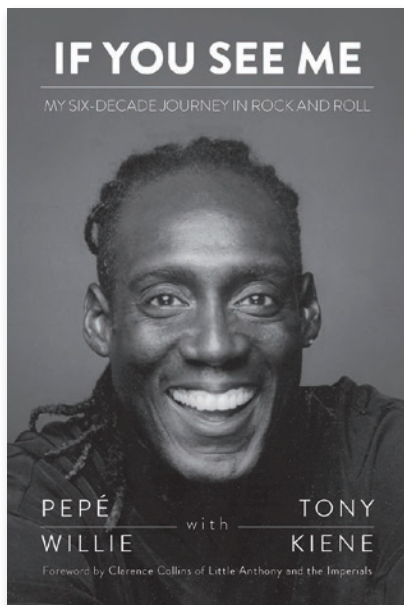
Anton Treuer

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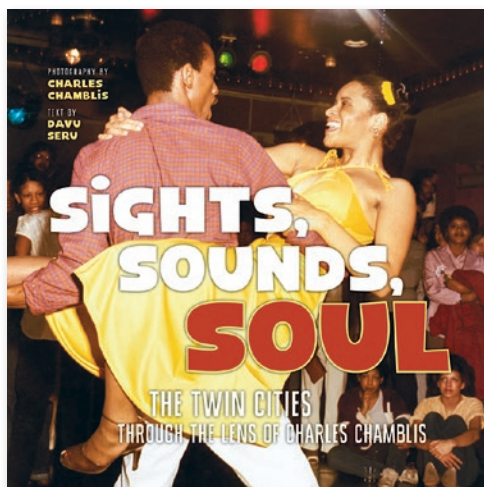
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PRINCE

Before the Rain

Photography by Allen Beaulieu,
Foreword by Dez Dickerson,
Introduction by Jim Walsh,
Contribution by Eloy Lasanta

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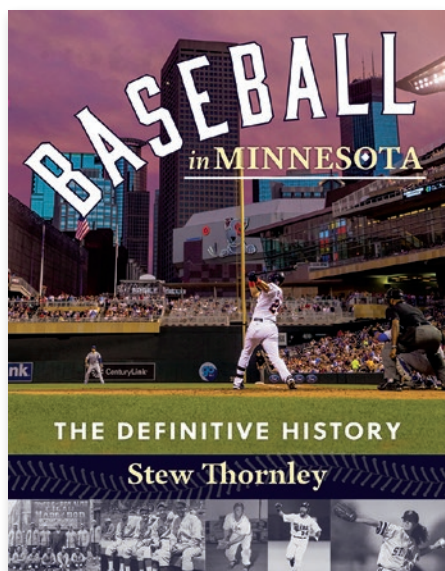
Prince: Before the Rain puts into focus the hallmark imagery—including behind-the-scenes, candid, and casual shots—with recollections from Beaulieu on his personal and professional relationship with Prince. Going deeper into the context of these crucial years, supplemental text brings it all together with reminiscences from former bandmates, including Bobby Z., Dez Dickerson, André Cymone, and more.



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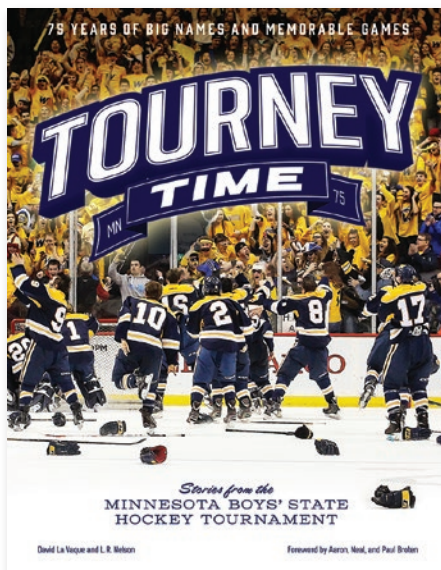
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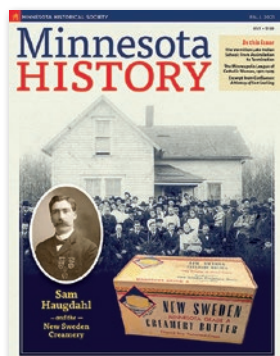
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